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British Fencing Magazine

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Front cover image

Laurence Halsted (left) Alex Massialas (right)
 Photo courtesy of Devin Manky - FencingPhotos.com

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Welcome to THE SWORD



Photo: Augusto Bizzi

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News in Brief

News



Group photograph at the Leon Paul Fencing Centre

LEON PAUL INTERNATIONAL YOUTH EPEE AND SABRE CAMP

This photograph was taken at the Leon Paul International Youth Epee & Sabre Camp held at the Leon Paul Fencing Centre on From Monday 3rd - Friday 7th August 2015. To view more photographs from this and other events please look here: [📷](#)



Veteran's Winton gang.

FENCINGMOB 2015

There were 3 British contributions to #fencingmob 2015: Veteran's Winton gang, Truro Fencing Club and The Dynamic Duo. For all the #fencingmob2015 video offerings, click here: [📷](#)

ACRONYMS

Ever get the BOA mixed up with UKS or get baffled by the increasing number of abbreviations used in sport? We've created a list of the most commonly used acronyms and posted them here: [📷](#) Let us know if something is missing by emailing media@britishfencing.com.

WINTON CUP 2015

Participants, organisers and officials gathered at the start of the Winton Cup 2015 to mark the passing of Sir Nicholas Winton. A minute of applause and rousing cheers were given to celebrate a most incredible man as shown here on this video clip: [📷](#)

It is well known that this competition was set up by the Winton brothers, but not everyone realises why or what it has done for our sport and how it has developed.

It was set up in 1950 to provide fencers with an opportunity to be a team, as well as encourage the development of the sport throughout the UK, to this aim the teams represent the various fencing sections of the UK, on the current invitee list is the 10 England regions, Wales, Ireland, two sides from Scotland, Combined Services and the Channel Islands.

The event was placed at the end of the season and was to encourage fencers to work with each other. It was also to be enjoyed by those competing – something which is still considered to be the heart of the event. In fact some of us would like to think that Sir Nicholas decided this year, having celebrated his life that we needed a quick social break and arranged for the fire alarm to go off giving us 40 plus minutes outside in the sunshine.

BEAZLEY INTERNATIONAL TROPHY

Britain's Men's Foil Team Strike Gold

Beazley celebrated its five-year relationship with British Fencing on Tuesday 15th September with the Beazley International Trophy at London's Mansion House – Home of the Lord Mayor of London.

The afternoon session, which was open to members of British Fencing, featured two hard-fought semi-final matches. The first one saw Great Britain take on the French and it was the home team that led 30-26 after six legs. Despite a great effort from Jeremy Cadot, Enzo Lefort, Erwann Lepechoux and their reserve Julien Mertine, the French team



Gathering at the start of the Winton Cup 2015 (photo: Beth Davidson)

Over the years it has been large enough to run as two divisions, the Winton and the Southcombe Cups; both of which were fought for over the same weekend at the same location.

The Winton Cup proved to be such a success that the Cadet Winton was set up and in 2008 the Vets Winton.

The Winton events have allowed fencers to develop, to enjoy their sport and to show how important working together is. Often you see the winning team is the one that works best together, not the one with the highest ranked fencers. Team work and enjoyment of fencing

are probably the most important things that the Winton brothers gave us when they set up their team event.

A number of photos and stats on this event are available on the Winton Cup Facebook page - for example the fact that Southern and Southeast are the only regions to have won 5 times in a row, whilst the South West have won it the most times.

Results this July... Well done to South East for retaining the Winton Cup, with Yorkshire 2nd, North West 3rd, East Midlands 4th, Eastern 5th, Combined Services 6th, North East 7th, West Midlands 8th, and South West 9th.

could not recover and lost 45-41. During the second semi-final between Italy and the USA the lead changed hands four times in the first four legs before Giorgio Avola, Andrea Baldini, Daniele Garozzo and reserve Edoardo Lupieri took control of the match in the fifth leg. The American team were unable to fight back as the Italians went on to win 45-38.

After a short break, Beazley's guests began arriving for the evening gala session to see the French take on the Americans for the bronze medal, followed by Great Britain versus Italy for the gold. Miles Chamley-Watson, Race Imboden and Gere Meinhardt started the match well for the USA, leading from the start. By the time the teams had reached the final leg the USA were 40-31 up and despite a brave effort from Enzo Lefort, Miles Chamley-Watson anchored the US team to the bronze medal (45-37).

Excitement grew as the British team of James Davis, Laurence Halsted, Richard Kruse and reserve Marcus Mepstead were introduced for their gold medal match against the World Champions, Italy. The Italians took an early lead in a cagey match, only for the scores to

level up at 12-12 after three bouts. A brilliant fourth leg by Halsted put the British team back in the lead (20-15), only for Avola to put in an equally superb leg for the Italians to level the scores at 24-24 going into the sixth leg. A characteristically excellent tactical display from Kruse set the tone for the rest of the match as he put the home team into a 29-26 lead going into the crucial final three fights. Each member of the British team then did a professional job to take the gold medal 45-39.

Speaking shortly after the event Chair of British Fencing, David Teasdale said; "What a spectacular day of fencing in such a beautiful setting. Great Britain winning the gold medal put the icing on the cake. It was great to see the Italians, French and Americans field such strong teams so our thanks goes to them but the biggest thanks of all goes to Beazley. We could not have asked more from them as a sponsor and partner – and all of us at British Fencing wish them the very best for the future."

If you missed the action from the medal matches you can watch replay of the live stream here: [📷](#)

Message from the chair

This edition of The Sword is the Annual Report version, as usual leading up to our AGM - which is again at the offices of the British Olympic Association, in Charlotte Street, London, on October 10th (11.00am). This is a venue with its own inspirational pictures, objects and messages and thus a good place to reflect on another year gone by, and to assess the progress made, the issues encountered. Do come if you can, to give your Board, and fellow members, your insights and opinions.

Our fencing world is busy as usual, on all fronts, from international to local. Already, we have enjoyed plenty of excitement, with for example a good World Championships for our foil team and in particular Laurence Halsted. As I write, more nerves will be jangling. The Cadet international season will be under way by the time this Sword goes to print. The Olympic qualification will have resumed - and Rio seems to be within touching distance, especially when you read Karim's helpful notes in this "Sword".

Up and running now is our new Development team, which holds more of our high hopes.

In this Sword you can read Gabby Williams' report of how new people and new projects are bedding in. Gabby has played a major part in winning the Sport England investment - in a difficult financial environment - and in assembling the team and programme.

Your Board and management are busy with reviews. There is the Minister's review of the nation's sports strategy, which can affect all and everything (we have to submit our comments and advice by October 2); our annual governance assessment; the financial audit; and finalising our work on the membership scheme with the other Home Countries.

High on the list of our CEO, Georgina Usher, is the search for a sponsor/partner to replace Beazley. Rightly, justly, British Fencing has been very proud of its partnership with Beazley. The Beazley team staged its last "pop up", a four way international match, in London's Mansion House - in other pages is a blow by blow account. We shall miss Beazley's help and support, but the friendships will endure. In looking for a new sponsor we have been grateful for Sport England providing consultants to give

us objective analysis and advice. Can you help? Of course you can - and bear in mind, that sponsor help is essential to many parts of our fencing year and programme. So, if you know companies that might be interested, if you have ideas about specific market opportunities, and about how we sell our sport's case - then do let us know.

Enjoy this often hectic but important time for our sport. Do let me have your views and queries.



David Teasdale
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REPORT FROM THE PRESIDENT

Time moves quickly and - with the Rio Olympic Games less than 12 months away - I have now completed my second year as President. The role continues to evolve, and I see it largely as threefold:

- to represent Great Britain and British Fencing overseas, supporting and furthering its interests where appropriate
- to keep the BF Board informed of activities within the international fencing community, advising on international policy and other matters
- to make an active contribution, on behalf of Great Britain, to protect and develop the future of fencing itself

It is therefore important for me to get involved 'in the thick of it' as much as possible, as the various activities all contribute significantly to my ability to perform the role.

INTERNATIONAL ACTIVITIES

During the past year I represented GBR at a number of events overseas including:

- Head of Delegation at the FIE Annual Congress in Rome
- Member of the Directoire Technique at the junior and cadet World Championships in Tashkent, Uzbekistan
- Head of Delegation at the European Fencing Confederation (EFC) Annual Congress in Montreux, Switzerland - followed by the senior European Championships
- Member of the Directoire Technique in the first European Games in Baku, Azerbaijan
- Member of the Directoire Technique at the senior World Championships in Moscow
- Participation in the FIE Commission meetings in Bucharest, Romania

Apart from the main business of the day these events create opportunities for a wide range of meetings with other national federations and commissions, where we can discuss joint projects and matters of common interest.

At the start of the season I took on the role of FIE Chief of Protocol. This permanent role was recently established by the FIE because the protocol function is seen as an increasingly important part of the way that fencing is presented. Activities include:

- Participation on the Directoire Technique at major events including the senior and junior World Championships and the Olympic Games
- Supervision at each event of the four main protocol ceremonies (opening ceremony, presentation of finalists, medals ceremony and closing ceremony), any additional ceremonies such as Fair Play awards and many other protocol elements connected

with VIPs, display of national flags, etc

- The creation of a comprehensive protocol handbook with the objective of raising the standards of protocol-related activities, and assisting competition organisers with delivering the FIE's protocol and presentation requirements

Many of the year's activities have continued to revolve around meetings and project work in connection with my membership of the following groups:

- FIE Promotion Commission
- FIE Sport Group
- EFC Competition Commission
- IWF (International Wheelchair Fencing) Executive Committee
- IWF Promotion Commission (Chair)

As part of the FIE Sport Group I have been working on a number of FIE projects, such as the updating of the FIE Competition Organisers' Handbook and an overhaul of the current supervisor system for junior and senior World Cup events.

During the year I was appointed to 2 further groups:

- FIE/IWF Joint Working Council (FIE representative) - this new group has been established to develop the relationship between fencing and wheelchair fencing
- CFF Committee for the Re-entry of Fencing into the Commonwealth Games (representing England)

In addition I attended, as FIE supervisor, the Grand Prix events in:

- Havana, Cuba (men's and women's foil)
- Doha, Qatar (men's and women's epee)
- Moscow, Russia (men's and women's sabre)

I also attended a number of international wheelchair fencing events.

These various activities combine to increase my overall knowledge, strengthen my international relationships and enable me to gain a more detailed understanding of how fencing and the FIE works. It is my firm belief that the wider interests of fencing and the more specific interests of British Fencing are strongly linked.

AT HOME

The year commenced with some 'bedding in' of the newly-defined President's role. The President's job description was further refined, but still with a heavy focus on international

relations. There was some additional fine-tuning at the 2014 AGM, where it was agreed that the role would be that of President (ie - no longer an honorary one) and that it would be re-appointed every 4 years at the AGM following the Olympic Games. The role is working well alongside the Chair of the Board and the CEO, with whom there have been regular updates and discussions on a range of international matters.

I attended a number of competitions, which gave me the opportunity to talk to fencers, organisers, officials, parents and spectators. These events included junior, senior and veterans championships as well as international events such as the Eden Cup in London and the Commonwealth Fencing Championships in Largs, Scotland.

Last but not least - at the start of the season I was asked to establish and chair a new BF Honours Committee. A committee of 12 people has now been formed, including 8 Vice-Presidents and 3 co-opted members, and I have drawn up new terms of reference which have been approved by the Board. My intention is that the new system will focus entirely on the membership, with all nominations coming direct from members. The committee will in effect act as selectors, with the objective of recommending awards in a wide range of categories, while ensuring that there is consistency of award levels and criteria. Awards will be made each year and announced at the AGM, with the first of these in October 2015.

LOOKING AHEAD

It has been a busy year, both at home and abroad, and no doubt next year will be no different. The main priority of the FIE in ensuring fencing's long term future is to keep fencing in the Olympic Games, and we should not underestimate the importance of this to fencing as a whole. In addition there is more and more focus on audiences, whether on TV, the internet or live streaming, as well as an increasing emphasis on social media and the use of modern technology. With so many new and television-friendly sports knocking at the Olympic door, fencing must constantly raise its game. It is an ongoing challenge - sometimes necessitating amendments to our rules - but the fencing world needs to be ready and willing to adapt to change.

Hilary Philbin
President







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SENIOR WORLD CHAMPIONSHIPS 2015

by our special correspondent with photos by Serge Timacheff

INDIVIDUAL REPORT - 21st July 2015 Halsted achieves individual quarterfinal

This year's World Championships was held over seven days in the Olympic Arena in Moscow, Russia.

Day Two

Day one of the event consisted of the preliminary rounds for the men's and women's sabre events. The direct elimination for the round of 64 began on day two.

Men's Sabre

The starting line-up consisted of one hundred and forty-four fencers including four from Great Britain. Alex Crutchett (V4D2) and Curtis Miller (V3D2) did enough to get byes through the first fight of a two stage preliminary knockout. James Honeybone (V2D4) and JJ Webb (V2D4) joined them by beating To (VIE) 15-8 and Firat (TUR) 15-12 respectively. Only Crutchett progressed to the second day of the event by beating Voronov (ISR) 15-7 as Casares (ESP) beat Honeybone 15-14, Boyko (UKR) knocked out Miller 15-13 and Van Holsbeke (BEL) defeated Webb 15-8. Crutchett faced Occhiuzzi (ITA) on the second day of the event and despite putting up a great fight he went out 15-11.

In the first semi-final, Tiberiu Dolniceanu (ROU) took an 8-6 lead into the break against Daryl Homer (USA). A breath-taking second period followed as the American fought back with some beautifully timed second intention parry-ripostes. Homer went on to win 15-11. An astonishing second semi-final between Alexey Yakimenko (RUS) and Max Hartung (GER) followed with the Russia totally dominating the first period. He took an 8-0 lead into the break but the German fencer was extremely happy about some of the decisions. Unable to get over this Hartung fell 15-6 in the second period. Yakimenko continued his dominating display in the final, taking an 8-1 lead into the break. The Russian was more relaxed and his defence was a major factor in the outcome of the fight as he went on to become the 2015 World Champion with a 15-5 victory.

GB placings: Crutchett 52nd, Miller 79th, Webb 92nd & Honeybone 94th.

Women's Sabre

There were no British entries in a field of one hundred and eleven. Cecilia Berder (FRA) took on Chen Shen (CHN) in the first semi-final and a series of stunning parry-ripostes meant that she led 8-6 at the break. The French fencer



Moscow World Fencing Championships

was much more decisive than her opponent in the second period and controlled the fight well. She went on to win 15-10. Sofya Velikaya (RUS) seemed to be suffering from the enormous pressure of performing in front of her home crowd and was quickly 4-0 down against Anna Marton (HUN) in the second semi-final. Despite this the Russian was able to find her composure and took the lead, 8-7, at the break. With her confidence fully restored the Russian stormed to a 15-8 victory. A mouth-watering gold medal match followed. Velikaya looked in control of the first period before a great counter attack from Berder fired her up. The Russian led 8-7 at the break and came out for the second period looking much stronger. Again Berder dug

deep and got herself back into the fight before Velikaya upped her game once more. The Russian took the title 15-12.

You can watch all of these semi-final and final matches here: [📺](#)

Day Three

Women's Epee

Corinna Lawrence represented Great Britain in this event and joined a field of one hundred and sixty fencers. She won two of her five first round fights to make the two-stage preliminary knockout. She went on to beat Marclay (LTU) 15-11 before agonisingly losing 15-14 to Dmowska-Andrzejuk (POL).



Top – Alex Crutchett
Middle – Crutchett in action
Bottom – Velikaya (RUS) v Berder (FRA)

Last year's winner, Rosella Fiamingo (ITA) took on world number thirteen, Sara Besbes (TUN) in the first semi-final and the Italian's superior control of the distance took her into a 6-3 lead at the first break. Besbes came out better in

the second period, deliberately falling short on her attacks in order to try and take Fiamingo's blade. The Italian spotted this change of tactics almost immediately and became much more aggressive. She ran out a 15-10 winner fairly comfortably. In the second semi-final, Emma Samuelsson (SWE) was the surprise opponent



Top – Grumier (FRA) v Imre (HUN),
Bottom – Laurence Halsted in top form

facing world number nine, Anqi Xu (CHN). The Chinese fencer appeared to edge the first period but Samuelsson pressed in the closing seconds to level at 4-4 at the break. The Swede stuck to a pressing game in the second period, giving Xu no time to think. Samuelsson went on to make the gold medal match with a 15-12 victory. The reigning Champion, Fiamingo was much more composed than her Swedish opponent in the final. Samuelsson trailed 8-4 at the first break as she kept getting too close to the Italian without attacking. Fiamingo repeated as World Champion in the second period with a 15-5 victory.

GB placing: Lawrence 90th.

Men's Epee

There were no British representatives in the field of one hundred and ninety-nine athletes for this event. Geze Imre (HUN) took on Seung Hwa Jung (KOR) in the first semi-final and the Hungarian's workmanlike approach saw him take a slender 5-3 lead into the first break. Jung came out for the second period with a much more direct approach but Imre was ready for him. A series of blocking and ducking counter attacks meant that his lead was 11-5 by the second break. It was much the same in the final period with the Korean unable to adapt to Imre's approach. As time ran down, Jung was forced to attack and Imre won 15-8. World number one, Gauthier Grumier (FRA) took

on the World number one hundred and two, Patrick Jorgensen (DEN) in the second semi-final. The Dane shocked everyone by taking the fight to Grumier and led 6-5 at the first break. Jorgensen continue to press in the second period but the French fencer put in a more composed display, controlling the distance better and led 14-11 at the second break. Grumier finished it off in the final period, 15-11. In the gold medal match, neither Grumier nor Imre wanted to concede any ground or allow the distance to open up. The result was a bit of a scrap in the middle of the piste. However Imre started to open the distance up towards the end of the period, which allowed him to land a few parry ripostes. Imre led 8-6 at the first break and both fencers came out for the second period with attacking intentions. Imre held on to the lead before Grumier levelled at 14-14 with a brave stop-hit. The final hit was a busy but neat attack from the Hungarian who went on to take the title, at the age of 40, 15-14.

You can watch all of these semi-final and finals matches here: 

Day Four

Women’s Foil

Natalia Sheppard was Britain’s sole representative in a field of one hundred and eight in this event. She won four of her six first round fights which was enough to earn her a place directly into the round of 64. There she faced Lyczbinska (POL) and fell 7-6 in a very tight match.

It was a scrappy first semi-final between the World number one, Arianna Errigo (ITA) and World number five, Inna Deriglazova (RUS) with the first period ending 9-9. It turned into a bit of a street-fight in the second period with the Russian keen not to give the Italian any time or space. Deriglazova went on to make the gold medal match with a 15-13 victory. The second semi-final between Aida Shanaeva (RUS) and Nzingha Prescod (USA) was an altogether different encounter. With the American stepping into distance at speed with her blade pointing up in the air Shanaeva was able to land attack after attack on preparation. Shanaeva made it an all-Russian final in quick time in the second period, winning 15-7. In the gold medal match, Shanaeva made it awkward for her Russian teammate. Changing the tempo and distance did not suit Deriglazova’s flowing style but the World number five managed to claw a few hits back at the end of the first. Shanaeva still led 8-6 though. Deriglazova came out for the second period, moving better and working off her preferred distance. She levelled the fight before going on to take the World Championship title with a 15-11 victory.

GB placing: Sheppard 47th.

Men’s Foil

There were four British fencers in this event with a total field of one hundred and fifty-four. Davis, by virtue of his World ranking qualified for the round of 64 directly. The other three had to fence in the preliminary rounds. Halsted (V5Do) and Kruse (V5D1) did enough to progress directly to join Davis. Mepstead



(V4D2) earned a bye through the first of two preliminary direct elimination fights but then lost 15-14 to Cheung (HKG). All three remaining British fencers made it through to the round of 32 as Davis beat Pranz (AUT) 15-9, Halsted defeated Llavador (ESP) 15-14 and Kruse knocked out Le Pechoux (FRA) 15-11. Chen (CHN) ended Davis’s day with a 15-5 victory as Massialas (USA) saw off Kruse 15-11. Halsted progressed with a comfortable 15-9 win over Y. K Son (KOR). He then showed his best form since the London Olympic Games, beating Daraban (ROU) 15-7 with a marvellous display of attacking fencing. In the quarterfinals he faced, Massialas (USA) and began the fight much the same as he’d finished the last. In the second period Massialas got to grips with Halsted, slowed his attacks down and came out the winner, 15-12.

Speaking after the event Halsted said; “It was a fantastic day where everything just worked. My thanks go to my coach in Copenhagen, Ferenc Toth and British Fencing’s Head Coach, Andrey Klyushin.”

Alex Massialas went on to face Artur Akhmatkhuzin (RUS) in the first semi-final. Both fencers came out at the start with the clear intention of going on the attack. Massialas got the better of the Russian early on and marched to a 15-10 victory well inside the first three minutes. It was much the same in the second semi-final between Yuki Ota (JPN) and Gerek Meinhardt (USA). With both fencers keen to establish an early lead it was a lightening start. Ota went 5-1 up in no time at all before Meinhardt got to within one point of his opponent. Ota increased the already furious pace and the American could not deal with it. Ota made it to the gold medal match with a 15-8 victory. With both semi-finals fought at a high tempo we were promised the same for the final and the fencers did not let us down. Ota pulled away from Massialas before the American slowed the pace down to level at 7-7. Again the Japanese fencer increased the pace and his phenomenal hand-speed and pinpoint accuracy took him to the World title 15-10.

GB placings: Halsted 6th, Davis 20th, Kruse 27th & Mepstead 74th.

You can watch all of these semi-final and finals matches, here.

TEAM REPORT - 22nd July 2015

Fifth place finish is GB’s finest since 1955

The final three days of the 2015 Senior World Championships saw medals awarded in the six team categories.

Men’s Team Foil

It was a great day for the British team in the men’s foil event as they secured fifth place from a field of twenty-seven. On the qualifying day Great Britain (Davis, Halsted and Kruse with Mepstead in reserve) eased passed Venezuela 45-21 in the round of 32. The next match was crucial as they faced their main rivals for the European zone qualification spot for the Rio 2016 Olympic Games – Germany. Nothing short of victory in this match would be satisfactory with the Germans so far ahead in the World rankings. Despite a good start, Great Britain trailed 12-10 after three legs. The match remained tight throughout but Joppich (GER) took a 24-22 lead into the anchor leg against Davis. A brilliant performance from the British fencer saw him draw level at 28-all on time. A priority minute followed with Joppich holding the advantage. The German went on the attack but Davis was able to secure the win with a single light hit in close quarters. Great Britain went on to face Russia in the quarterfinals and a strong performance from Akhmatkhuzin, Cheremisinov and Rigin saw them leading by sixteen hits going into the penultimate leg. Kruse closed the gap to ten hits before handing over to Davis for the anchor leg. A composed and confident Davis landed eleven hits but ran out of time as Russia went on to win 40-38. Two fantastic wins over Korea (43-42) and the USA (45-42) meant that they achieved the best Men’s Team Foil result Great Britain has had at a World Championships since 1955 – when the team won a bronze medal in Rome. Germany were only able to finish tenth after the placings matches which means Great Britain have a good chance of overtaking them in the final Olympic qualification events.

China faced last year’s winners, France in the

bronze medal match and led from the start. A 14-8 lead after three legs turned into a 30-23 lead after six. The Chinese team (Chen, Lei and Li) powered to the podium with a 45-31 victory. Italy (Baldini, Cassara and Garozzo) started well against the Russians in the gold medal match, leading 15-12 after a third of the match. The Russians fought back to trail 29-30 going into the final three legs. The Italians then performed strongly in the final three legs to take the title 45-38.

Men’s Team Sabre

The only other British team entry at this year’s World Championships was in the men’s team sabre event where Alex Crutchett, James Honeybone, Curtis Miller and JJ Webb were one of a field of thirty teams. They went on to beat Hong Kong 45-31 in the round of 32 before losing 45-28 to Germany in the 16. In the placings matches Great Britain lost 45-33 to Iran and 45-39 to Spain before beating Mexico 45-40 to finish fifteenth.

In the bronze medal match, last year’s winners, Germany (Hartung, Szabo and Wagner with Limbach in reserve), led from the start against France (Apithy, Anstett and Rousset with Medard in reserve). They went on to secure the bronze medal with a 45-30 victory. The gold medal match saw Italy (Curatoli, Montano and Occhiuzzi with Berre in reserve) face Russia (Kovalev, Reshetnikov, Yakimenko with Ibragimov in reserve). Italy ran out to a 10-2 lead and never looked back, taking the title 45-36.

Men’s Team Epee

Thirty-eight teams took part in this event. Canada surprised the American team in the round of 32 beating them 39-38 and Italy beat the team of the season, France, 44-42 in the quarterfinals. In the semi-finals Ukraine beat Italy 15-11 and Korea beat Switzerland 45-37.

In the bronze medal match, both teams opted to use non-combativity to keep the score low, going into the seventh leg with Switzerland leading Italy 13-6. From there Switzerland controlled the fight and led 27-12 going into the final leg with Italy forced to chase. The Italian reserve, Santarelli, came on and fought hard but ran out of time as the Swiss team took the



Left – Halsted in action
Above – Branza (ROU) v Sun (CHN)
Bottom – Francisca (ITA) v Deriglazova (RUS)

bronze medal 38-24. The gold medal match between Korea (Jung, Kweon and Park with Na in reserve) and Ukraine (Herey, Karuchenko and Nikishin with Khvorost in reserve) also featured non-combativity. So much so that Ukraine only led 11-7 going into the final leg. A volley of forty hits was scored in the final three minutes as Ukraine took the title 34-17.

Women’s Team Epee

Thirty-one teams took part in this event which featured a surprise win for Japan over Estonia in the round of 16.

China (Sun, Sun and Xu with Hao in reserve) took out France (Candassamy, Nisima and Rembi with Mallo in reserve) 35-29 in the first semi-final as Romania (Branze, Dinu and Pop with Gherman in reserve) beat Ukraine 27-24 in the second. Ukraine dominated France in the bronze medal match, leading 10-5 after three legs and 23-16 after six, until the final leg. Candassamy came on for France to stage a remarkable comeback only for time to run out on her. Ukraine took the bronze medal 44-42 in the end. China took on Romania in the gold medal match and led from the start. Leading 24-18 after six legs, the Chinese team went on to outscore them in the closing stages and took the title with a 45-36 victory.

Women’s Team Foil

Eighteen teams featured in this event as Hungary out-performed their World ranking by beating the USA 45-35 in the quarterfinals. They (Knappek, Mohamed and Varga with Jeszenszky in reserve) went on to lose their semi-final match to Italy (Batini, Di Francisca and Errigo with Vezzali in reserve) 45-18 whilst Russia (Deriglazova, Korobeynikova and Shanaeva with Biryukova in reserve) defeated France (Blaze, Guyart and Thibus with Ranvier in reserve) 45-41 in the other semi-final. The bronze medal match between Hungary and France remained tight throughout. When the penultimate leg ended due to non-combativity Hungary led 31-30. A tough ninth-leg scrap ended with the scores tied at 37-all and

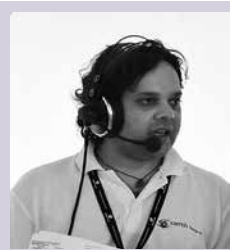
Hungary being awarded the priority. France was not to be denied their medal though and scored the final hit to make the podium. The gold medal match between Italy and Russia started as cagily as it normally does between these two teams with Italy leading 14-13 after three legs. Strong performances from Di Francisca and Errigo saw the Italians extend their lead to 30-25 after six fights and they went on to win the title 45-36.

Women’s Team Sabre

Twenty-three teams took part in this event and it was Poland (Jozwiak, Kozaczuk and Scoha with Wator in reserve) who caused the only real upset by knocking out number two seeds, France in the quarterfinals. They went on to lose 45-26 to Russia (Dyachenko, Egorian and Velikaya with Gavrilova in reserve) in the first semi-final as Ukraine (Kharlan, Komashchuk and Kravatska with Voronina in reserve) took out the USA (Muhammad, Wozniak and Zagunis with Stone in reserve) 45-41 in the other. The USA started very strongly in the bronze medal match and led 15-7 after three legs. Their dominance continued for the rest of the match and they ran away 45-33 winners. The gold medal match between Russia and Ukraine was a much tighter affair. Ukraine led 15-11 after three fights before Russia overtook them to lead 30-27 after six legs. The Russians held on to win the gold medal 45-41.

Team medal matches can be viewed using the following links:

-  Epee
-  Foil
-  Sabre



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BAKU 2015

by Karim Bashir

Reporting from the inaugural European Games

The inaugural European Games, also known as Baku 2015, took place in Baku, Azerbaijan, from 12 to 28 June 2015 and featured almost 6,000 athletes from 50 countries competing in 20 sports; including fencing. The opening ceremony was held in the Olympic Stadium, at which the singer Lady Gaga performed 'Imagine', a cover version of the famous John Lennon classic. Fencing took place at the Baku Crystal Hall, located on the coast, originally built to host the 2012 Eurovision Song Contest.

The individual events

Women's epee was first on with thirty-five fencers taking part including Corinna Lawrence. Three victories from six fights in the first round meant that she qualified for the incomplete round of 32. She then went on to beat Tataran (ROU) 15-10, before losing 15-12 in the round of 16 to Rizzi (ITA), finishing fifteenth. Ana Maria Branza (ROU) claimed the first fencing gold medal at the Games beating Yana Zvereva (RUS) 15-11 in the final. The bronze medals were awarded to Simona Gherman (ROU) and Erika Kirpu (EST).

Next, the men's sabre individual event with thirty-six fencers, including James Honeybone, took place. Winning four of his five first round fights saw him draw Bucur (ROU), which he won 15-6. In the round of 16 he put up a brave fight against the world number three, Dolniceanu (ROU), but lost 15-10 to finish thirteenth. Tiberiu Dolniceanu went on to claim the silver medal, losing 15-10 to Andriy Yagodka (UKR) in the final. Alberto Pellegrini and Luigi Miracco – both of Italy – shared the bronze medal positions.

At men's epee there were no British contenders in a field of thirty-five. Ivan Trevejo (FRA) became the seventh different French winner of a major title this season by beating Sergey Khodos (RUS) 15-8 in the final. The bronze medals went to Daniel Jerent (FRA) and Bartosz Piasecki (NOR).

Thirty-six competed in the women's foil. Natalia Sheppard was Britain's sole representative in the competition and started well, winning four of her five first round matches. She went on to beat Walczyk (POL) 13-7 in the round of 32 before narrowly losing 13-12 to Golubyskyi (GER) in a priority minute and finished in eleventh place. Alice Volpi (ITA) started the final against Yana Alborova (RUS) in commanding style, opening up a significant lead before being pegged back. Volpi steadied and took the title 15-11 inside the first three-minute period. The bronze medals were won by Valentina Cipriani (ITA) and Adelina Zagidullina (RUS).

Four British fencers lined up in a field of thirty-six, for men's foil, on the last day of individual events in Baku. Richard Kruse and Marcus Mepstead both won two of their five first round matches and thus progressed to the



The winning GB Men's Foil Team, Baku 2015 (Photo: Serge Timacheff)

knockout rounds but Ben Peggs (VoD5) and Alex Tofalides (V1D4) did not make the cut. In the round of 32, Tony Helissey (FRA) beat Kruse 15-9 and Ingargiola (ITA) just defeated Mepstead 15-14 in a thrilling fight. Alessio Foconi (ITA) took on Timur Arslanov (RUS) for the gold medal and won a captivating final 15-11. Francesco Ingargiola (ITA) and Jean-Paul Tony Helissey (FRA) went home with the bronze medals.

Aliya Itzkowitz was the sole British representative in a field of thirty-six for the women's sabre. A promising start saw her win four of her five first round fights, including a couple of big scalps, to leave her ranked sixth for the elimination stages. Unfortunately her day ended in the round of 32 with Watora (POL) beating her 15-12. The venue came alive for the gold medal match. Sevil Bunyatova (AZE) thrilled the crowd by coming from behind against Angelika Wator (POL) to level the score at 14-14. Wator scored the winning hit with a brave parry-riposte, to become the final individual fencing champion of the Games. Sevil's twin sister, Sevinch Bunyatova (AZE) and Margaux Rifkiss (FRA) settled for the bronze medals.

The final team event

The last event in the fencing arena at these inaugural European Games was the men's foil team. With six teams competing, Great Britain (Kruse, Mepstead, Tofalides and Peggs) faced Germany in the quarterfinals. Germany is Great Britain's main rival for the automatic European zone qualification spot for Rio and whilst this event didn't count for world rankings it was an important match for both teams. A cracking start to the fight put Great Britain into a 15-9 lead and they did not give up, eventually winning 45-26.

France was their semi-final opponents and there wasn't much between the teams after three legs with GBR leading 15-13. A good middle period meant that Great Britain led 30-23 after six matches. The seventh and eighth legs were good ones for France to trail 40-39 going into the anchor leg. Kruse came on against Simon and a dominant display by the British fencer meant that Great Britain won the match 45-41.

The Italians of Alessio Foconi, Lorenzo Nista, Damiano Rosatelli and Francesco Ingargiola were Great Britain's gold medal match opponents. Great Britain raced out of the blocks and into a 14-8 lead after three matches. The middle three legs proved a better time for the Italians and they had closed to within two hits, trailing 26-24 after six legs. Ingargiola came off the bench for the seventh leg and put the Italians into the lead, 35-33, for the first time in the match. Mepstead came on for the penultimate legs against Nista adopting a patient yet aggressive approach. It worked perfectly as Britain led 40-38 going into the final leg. Kruse came on for Great Britain against Foconi of Italy for the last match. It was clear from the start that the British fencer was not going to let the gold slip away. Kruse imposed his game on the final leg and there was nothing that the Italian could do. He raised his hands to the sky as he scored the winning hit for the Great Britain team, 45-41.

Speaking shortly after the win, Alex Tofalides said; "It was a very tough match against one of the best nations in the world but we fenced really well as a team and when we needed each other we fought for each other. Thankfully Richard was able to finish it off at the end so it was a really good team performance."

Video footage can be found on: 

THREE OF THE BEST (PART 1)

by Keith Smith - photos supplied by Malcolm Fare

It was at the instigation of Allan Jay, that we decided to commission three articles on leading figures in British fencing from the last century: Bill Hoskyns, Gillian Sheen and Allan Jay himself. Gillian and Allan were still very much alive and could write their own stories, but as Bill died in August 2013, his son-in-law Keith Smith was deputised to write his piece for him. This is Part 1, about Bill Hoskyns and we look forward to publishing Parts 2 and 3 in later issues.

Bill Hoskyns, MBE

British, Commonwealth and World Champion, double Olympic Silver medallist and six times British Olympian.

As the British team returns home from the Moscow World Championships celebrating their fifth place in the men's team foil and their best result since 1955 and Laurence Halsted's sixth place in the individual; as well as campaigning to qualify for the Rio Olympic Games; it is a perfect time to look back at one of our greatest fencers and the last British fencer to win individual world and Olympic medals.

Bill's medal winning spree started with his world championships bronze medal in the team foil in 1955 and was the start of a decade of world and Olympic success for Bill and for Great Britain. This was followed by a world championships team bronze at epee in 1957. 1958 was to be a superb year for Bill. He missed the sabre final at the world championships by one hit and then

became our first World Champion by winning the epee title. To date we have only had two senior world champions, the other being Allan Jay, Bill's lifetime friend and team mate. He also won the Commonwealth Games epee title and was British Champion. An American spectator told me "I have a very fond memory of watching Bill when he won the World Individual Epee Championship in Philadelphia in 1958. He personified refinement in technique, competitiveness and concentration. Over the years, I often thought of him as a great role model for all fencers, as his respect for his opponents and his graciousness in victory and defeat were exemplary". 1960 and the Rome Olympics saw Bill winning an epee team silver medal and also coming seventh in the individual foil. This was followed by sixth at foil at the 1961 World Championships. 1962 was to bring success at foil and epee, with the New York Martini and the London Martini epee titles and the Paris Martini Foil title all being won. The latter title was clearly very special to Bill,

as it was the only trophy from his career on show in his family home. The New York Martini Epee title was retained in 1963. At the Tokyo Olympics in 1964, Bill was seventh in foil and won individual silver at epee - our last Olympic medal to date. The Paris World Championships in 1965 were the scene of individual, and team success. Bill won the silver medal in the individual and during the final broke his rib. Showing typical stoicism, he fenced throughout the team event the following day and the team won a silver medal. Our last senior world championships team medal to date.

Bill made history by being the first British competitor to compete at six Summer Olympic Games. He represented Great Britain from 1956 to 1976 and during his fencing career he fenced foil, epee and sabre at the world championships and Olympic Games. His tally of two bronze, two silver and one gold medal at the world championships speak for themselves. When you add two Olympic silver medals, nine



ACUTE EFFECTS OF DEHYDRATION ON FATIGUE AND PERFORMANCE IN FENCERS

by Raúl Pérez Garrote, Jorge Esteves

Fencing is a sport with high requirements in terms of both physical and cognitive (e.g., attention and decision making) performance. The intermittent nature of the sport, with a series of high intensity attacking and defensive actions, conjugated with the required protective equipment, increases sweating rates which may result in dehydration due to raised body temperature (Roi and Bianchedi, 2008).

The negative effects of dehydration on athletic performance in different sports have been widely researched. Firstly, there is evidence that dehydration negatively affects the concentration ratio of two important hormones - cortisol and testosterone, and therefore the body's metabolic processes; increased cortisol levels deteriorate the anabolic effect of training (e.g., increased muscle mass) (Maresh et al., 2006). Secondly, research demonstrates that dehydration can significantly increase heart rate, on average 6-7 beats per minute for each 1% of body weight lost due to dehydration; these effects are greater when exercise is performed in the heat (Cheuvront et al., 2005; House et al., 2010; Logan-Sprenger et al., 2012). Thirdly, there is evidence that dehydration increases the rate of perceived exertion (RPE), i.e., the perception of how hard you feel like your body is working; this is probably attributed to the increased stress that the loss of fluids places on the cardiovascular (i.e., circulatory) system (Carvalho et al., 2011; Logan-Sprenger et al., 2012). Finally, research demonstrates that dehydration contributes to muscle fatigue and can negatively impact on vertical ground reaction impulse, i.e., your ability to exert force and power in a jump (Cheuvront et al., 2010).

Despite this existing evidence, research investigating the effects of dehydration on athletic performance in fencing is currently scarce. Studies in the field of fencing have largely investigated the effects of fencing protective equipment on increased body temperature and loss of body weight (Shin-ya et al., 2003; Weichenberger et al., 2012). To this end, we conducted a study to investigate the adverse effects of dehydration on high-level fencers (members of the Spanish national sabre team) physical performance and degree of fatigue (Pérez Garrote, 2013). We hypothesised that compared to a normal state of hydration, fencers would have higher values of heart rate, rate of perceived effort and cortisol (hormone) levels when they reached levels of dehydration during high intensity training; no differences in jumping performance were predicted.

The results of our study provide evidence that in high-level fencers, dehydration has a negative effect on heart rate and the rate of perceived effort. Our findings are consistent with other research (Aldridge et al., 2005; Kraft et al., 2010; Logan-Sprenger et al., 2012; Lopez et al., 2011), which demonstrates that dehydration produces higher levels of fatigue in athletes,

higher heart rate and higher perceived effort. From a cardiovascular system standpoint, these differences are attributed to a decrease in body water content, which increases heart rate and decreases blood stroke volume (i.e., the amount of blood pumped from the left ventricle of the heart per beat); this ultimately places greater stress on the cardiovascular system. Although the amount of fluids lost affects the magnitude of these adverse effects, environmental conditions also plays an important role; increasing in moderate or high temperatures (Montain and Coyle, 1992). In our study, the significant increase in heart rate in dehydrated fencers was arguably accentuated by the protective fencing equipment, which significantly increased their body temperature (see Shin-ya et al., 2003; Weichenberger et al., 2012 on this point). In comparison to other studies (Aldridge et al., 2005; Carvalho et al., 2011), we also observed an increased rate of perceived effort, indicating that dehydration places increased stress on the cardiovascular system and has a negative effect on fencing performance.

Apart from the effects on the heart and circulatory function and on the perception of effort and fatigue, our study provides evidence that dehydration has a negative impact on the hormonal response to exercise, specifically on cortisol levels in high-level fencers. This is consistent with other research, which demonstrates that dehydration significantly increases the catabolic response (i.e., energy production and breakdown of biomolecules); leading to a likely attenuation of the anabolic response to exercise (e.g., increase in muscle mass and strength) (Judelson et al., 2008; Maresh et al., 2006). This highlights the importance of hydration status on the internal state of the body during exercise, which when abnormal, may significantly increase the levels of fatigue produced by high intensity training. Moreover, the available evidence indicates that an increase in catabolic hormones (cortisol) may, in turn, change the levels of other hormones such as insulin, which plays a key role in the regulation of blood glucose level., stimulating for example glycogenolysis (glycogen breakdown; glycogen is a glucose reserve in the liver for the maintenance of normal blood glucose levels) (Judelson et al., 2008). Arguably, this hormonal response demonstrates the organism's response to adaptation to exercise in a state of dehydration. Similarly to other studies, we did not find

significant differences in jumping performance in hydrated and dehydrated states. Although dehydration affected reaction time and vertical ground reaction impulse, the height and speed to counterjump movement (CMJ) were similar to individuals in a state of hydration.

This study demonstrates that high intensity fencing produces significant fluid loss, which can lead to a state of dehydration and impaired physical performance. In addition, there is also available research showing that dehydration impairs cognitive processes such as attention and decision making (Adan, 2012), which are important aspects of competitive fencing. We argue that fencers, coaches and parents should be aware of the negative effects of dehydration on different aspects of fencing performance. It is critical that adequate individual fluid intake strategies are implemented to mitigate the adverse effects outlined above. Fencers should take into account that high intensity exercise, particularly in a simulated competitive training context, leads to increased sweating rates and potentially to dehydration. In order to maximise the effectiveness of training strategies, attention should be given to basic hydration strategies.

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Commonwealth gold medals and 21 British Championship medals, including being British Champion eight times and at all three weapons, you get the feeling of a truly great fencer. During his fencing career he won forty one medals in international competition, across all three weapons.

Bill was also a popular and inspirational fencer to his own generation and to up and coming fencers. He often flew his own plane to international events and was the first private pilot to cross the Iron Curtain. One of his team mates summed him up thus: "In every way Bill set us an example to try to follow, not just as an amazing and truly sporting and gentlemanly fencer, but in his kindness, his generosity of spirit and his helpfulness." Bill was popular because of his modesty about his amazing success and another team mate said of him: " Yet, in all the time that I knew him, he never, ever, mentioned his astonishing array of accomplishments in all three weapons across several decades of international fencing. His modesty, humility and charm were second to none."

Bill was appointed MBE in 1966 and became a British Fencing Vice-President and was elected to the FIE Centennial Hall of Fame.



Top - Hoskyns Olympic silver medal.
Bottom - 1964, Hoskyns wins Olympic silver.

Bill continued to fence competitively and in 1981, at the age of 51, made the top 16 at the massively strong Heidenheim Epee World Cup, the best British result of that year. A foreign international said of Bill "although he was in the waning days of his fencing career and I in my prime, he had no trouble in beating me, but I felt honoured that I had the chance to fence with a legend." He also fenced in the 2000 Veteran's World Championships, winning a bronze medal at epee, forty five years after winning his first world championships medal.

Ziemek Wojciechowski said of Bill, "William Hoskyns was a phenomenal fencer, a great ambassador for British Fencing, famous not only for his outstanding results, but also for travelling to competitions in his own aircraft! He was unbelievably cool, totally approachable, charming, kind, brilliantly talented and had immense integrity. To the rest of the world he was the epitome of understated British sophistication and class. He was a true gentleman and I am so proud to have known him."

Finally, Bill was himself characteristically modest about himself, saying when asked about his success "I was not naturally talented at fencing; I had to work very hard at it."



Top - 1960, Christian D'Oriola, winner of the Duval, with Bill Hoskyns, runner-up
Bottom - 1960, Hoskyns Olympic silver medal.

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MUSCLE IMBALANCES IN FENCERS A THING OF THE PAST?

by Dr Lindsay Bottoms and Dr Jonathan Sinclair

A common issue in fencers has previously been muscle imbalances between the dominant and non -dominant sides of the body. These imbalances can cause many problems to the fencer by increasing the chances of injury. Dr Jonathan Sinclair and I decided to undertake a research study to determine how great these imbalances were. We selected muscle groups which we had previously found to be important for the fencing lunge from 3D kinematics research. This meant we looked at knee flexion and extension, shoulder flexion and extension and finally hip flexion and extension.

We got several club fencers to undertake these movements on a machine called an isokinetic dynamometer, which measures peak torque produced during these movements. Prior to undertaking the research we both hypothesised that the fencers' dominant side would be significantly stronger than their non-dominant side. Interestingly, the results showed that this was not the case.

To have an imbalance between sides there should be a difference greater than 10% in torque, and none of the muscle groups tested showed this difference. It appears that the training club fencers are currently doing is sufficient to maintain a balance. This could be interpreted in several ways; firstly we could argue that club fencers are not doing sufficient training to have a significant difference. However, the cohort we tested had all fenced at least twice a week for several years. It could also be that they undertake other sports which cause a balancing out effect, preventing such imbalances. Or finally, it could be due to improved strength and conditioning knowledge of club coaches and fencers undertaking a more balanced training. We believe it is probably an element of each.

Although, there were no differences between the sides of the body, there was a difference between the ratio of hamstrings and quadriceps strength during knee flexion and extension. A healthy relationship between these muscle groups is 60%, so the hamstrings should be at least 60% of the quadriceps. When we lunge our quadriceps eccentrically contract, however our hamstrings contract to help support the knee and prevent it from over reaching. If the hamstring is not strong enough to help brake the movement then there could be problems produced with the anterior cruciate ligaments of the knee as well as the hamstring itself. Therefore, it is important to train and maintain this ratio for fencers.

Professional footballers will also undergo such tests prior to being signed up to a football team. This enables a manager to see the health status of the footballer's knee. The testing we did with the fencers on the isokinetic dynamometer also showed the strengths of the quadriceps and hamstrings in both legs. It appears that fencers' hamstrings are not quite as strong as they should be. So an area of strength that needs to be improved by fencers is their hamstrings. This can easily be done by doing hamstring curls using a resistance band (Fig 5), this will help strengthen the hamstrings. Hopefully, this will reduce your chances of getting knee injuries!!!



Hamstring curls using a resistance band
(Taken from: www.thera-bandacademy.com)



NEW APPOINTMENTS

by Gabby Williams

It is with great pleasure that I welcome 4 new people to British Fencing to work in the Development Section. Since the new Development Team members came in to post in July 2015 we have seen a surge in activity. Some highlights from the Teams' work in the first few months include:

- A review of the British Fencing product and services is well underway, consulting internally with staff and externally with members, coaches etc and potential new

clients. The review when complete, aims to support a long-term sustainable and financially resilient model of delivery that increases participation in fencing.

- The development of an HE sabre product (to be further tested in the HE sector to ensure it's right for student engagement)
- The HE innovation scheme launched with 6 universities responding, meeting our needs to work with BF to create more alternative and innovative programmes of delivery that appeal to the more creative individuals as well as gamers.
- The Coaching Development Strategy is drafted and is currently based on 7 strategic goals 1) Leadership and Governance 2) Valuing Coaches 3) A culture of learning 4) Growing Resources 5) WCP 6) Club Coaches 7) Community Coaches. NB: These are subject to change whilst the final stages of consultation and review are undertaken.

- Formal discussions with London Youth and The Scouts Association have taken place to kick start innovative fencing activity that appeals to the youth market by Autumn 2015.

Furthermore, the Development Director and the Team have been creating stronger links between Development, Talent and the World Class Programme. For example the Coaching Development Manager has been working closely with the recently appointed Performance Pathway Manager to ensure there is a joined up approach to the player and coach pathway.

In addition to this BF has formally responded to the recent DCMS consultation on the government's strategy for sport. Once the sports strategy is released, Sport England will share with all currently funded National Governing Bodies their plans for the future – this includes the level of funding available post 2017 and the bidding process to access any Development related funding.

For further information, please contact me at:



James Craig - Participation Business Manager

James comes to us from Badminton England, has studied in the USA and UK, and is passionate about community sport. His work has helped to get badminton become the number two most viewed sport on their website. He has also a successful track record working with Sport England.



James Szymik - Participation Programme Manager

James, a sport science and nutrition graduate, joins us from The Rugby Football League; where he was instrumental in re-branding their university programme, including a new website, social media channels and an online marketing portal for clubs. He also has had practical experience as a tournament director of several international competitions and major tours.



Virginia Bailey - Participation Programme Manager (Youth)

Virginia joins us from 'Women in Sport', a charity that champions the right of every woman and girl in the UK to take part in sport. Here she was involved in engaging girls by shaping programmes, designed by young girls, for young girls. She has a master's degree in Events Management and a degree in Sports Science and Coaching.



Steve Kemp – Coaching Development Manager

Steve began his career as a coach and fitness instructor, has an MSc in Sport Coaching and joins us from the Oxford Sports Partnership. He brings a wealth of coach development expertise to British Fencing, where he will be working across the Development, Talent and World Class programmes.



Gabby Williams
Development Director
gabby.williams@britishfencing.com

OLYMPIC QUALIFICATION EXPLAINED

by Karim Bashir

Introduction

Qualification for the Rio 2016 is extremely hard for those vying for a spot at next year’s Olympic Games. The qualification period began on 3 April 2015, runs through to 4 April 2016 and points scored at World Cups, Grand Prix events, Satellite events, Zonal and World Championships count. Here we breakdown what it takes to make the grade.

The route to qualification is different for the weapon categories that include team events to those that don’t. The two team events dropped for the next Olympics are Men’s Sabre and Women’s Foil but first we’ll review qualification for the other four weapon categories.

Qualification for weapon categories that include team events

We will see individual and team events for Men’s Epee, Men’s Foil, Women’s Epee and Women’s Sabre in Rio. Therefore we must look at the World rankings for teams for these categories after the final points have been allocated. Teams of three fencers per country will then qualify in the following order:

- 1. The top four teams in the World rankings will qualify irrespective of zone;
- 2. The next highest ranked team from each zone (i.e. Africa, Asia-Oceania, Europe & the Americas) will also qualify as long as they are ranked inside the top 16 in the World;
- 3. If a zone doesn’t not have a representative country ranked fifth to sixteenth, then the highest ranked team not already qualified will qualify.

Each member of the eight teams qualified for these weapons will be eligible to fence in the individual event as well. There will then be an allocation of an additional eleven individual places open to fencers who have not qualified via their teams.

This is where things start to get complicated as we now have to consider the Individual Adjusted Olympic Rankings. These rankings are created taking the FIE Individual World rankings and removing:

- all fencers from countries that have qualified by the team route
- all but the top fencer from each of the remaining countries.

The top two fencers from Asia-Oceania, Europe and the Americas plus the top African fencer will then automatically qualify to compete in the individual event only (for each of the categories with a team event).

Each zone will then host a special Olympic qualification event which is eligible to one fencer from each country that didn’t qualify through the team route. The winners of those four events will also qualify to compete in Rio.

Here is an example of who would compete in the Men’s Foil team and individual events if the qualifying was closed at the time of writing.

Team

Rank	Country
1	Russia
2	Italy
3	France
4	USA
5	China
6	Korea
7	Germany
8	Japan
9	Great Britain
10	Egypt
11	Brazil
12	Poland
13	Canada
14	Ukraine
15	Hong Kong
16	Belarus

Based on these ranking:

- 1. Russia, Italy, France and the USA would qualify as the top four ranked teams
- 2. The following four teams would qualify by zone
 - a. China (Asia-Oceania)
 - b. Germany (Europe)
 - c. Egypt (Africa)
 - d. Brazil (the Americas)

Individual

Each of the three members of the teams qualified will be eligible to compete in the individual event. The Individual Adjusted Olympic Ranking is below:

Rank	Name	Country
2	OTA Yuki	JPN
14	DAVIS James-Andrew	GBR
15	CHOUPENITCH Alexander	CZE
18	SON Young Ki	KOR
30	FERJANI Mohamed Ayoub	TUN
31	CHEUNG Ka Long	HKG
39	DJITLI Roman	ALG
41	DARABAN Radu	ROU
48	LLAVADOR Carlos	ESP
49	POGREBNIAK Andrii	UKR
55	RAJSKI Leszek	POL
58	VAN HAASTER Maximilien	CAN
59	POSCHARNIG Johannes	AUT
62	MINUTO Martino	TUR
63	GOMEZ Daniel	MEX
68	OR Tomer	ISR
70	DOUGLAS Sholto	AUS
71	KADAM Babacar	SEN

The seven highlighted athletes will join the twenty-four already qualified (via the team route). Another four athletes will join those thirty-one fencers via the special zonal qualifiers.

Qualification for weapon categories that do not include team events

Men’s sabre and Women’s foil individual events will feature in Brazil. As there are no team events for these weapons the top thirty-two will qualify based on the individual Adjusted Olympic Ranking.

For these two events the AOR is based on the following:

- the top fourteen will qualify directly
- the next highest two fencers from each zone (Asia-Oceania, Africa, Europe, the Americas) with a maximum of one athlete per country
- no more than two fencers per country can qualify
- countries that have no fencers qualified can then send one athlete to their special zonal qualification event and places will be allocated as follows

- o 4 for Europe
- o 3 for Asia-Oceania
- o 2 for the Americas
- o 1 for Africa

Here is an example of who would qualify for the Women’s Foil event if qualification was complete at the time of writing.

Rank	AOR	Name	Country
1	1	DI FRANCISCA Elisa	ITA
2	2	ERRIGO Arianna	ITA
3	3	DERIGLAZOVA Inna	RUS
4	4	KIEFER Lee	USA
5	5	JEON Hee Sook	KOR
6	6	BOUBAKRI Ines	TUN
7	7	KOROBENIKOVA Larisa	RUS
9	8	PRESCOD Nzingha	USA
11	9	THIBUS Ysaora	FRA
12	10	GUYART Astrid	FRA
13	11	LE Huilin	CHN
16	12	KIM Mina	KOR
17	13	VARGA Gabriella	HUN
21	14	MOHAMED Aida	HUN
25	15	GOLUBYTSKYI Carolin	GER
28	16	LYCZBINSKA Hanna	POL
31	17	KNOP Magdalena	POL
32	18	VAN ERVEN GARCIA Saskia Loretta	COL
33	19	LIU Yongshi	CHN
35	20	MOHAMED Noura	EGY
37	21	SAUER Anne	GER
38	22	GIMENEZ Isis	VEN
40	23	KHELFAOUI Anissa	ALG
43	24	HARVEY Eleanor	CAN
44	25	GOLDIE Alanna	CAN
46	26	ELSHARKAWY Yara	EGY
48	27	SHAITO Mona	LIB
50	28	LIN Po Heung	HKG

The athletes highlighted in green would qualify automatically. Those in red would qualify via the addition zonal places and these athletes would be joined by the ten additional athletes who qualify via their special zonal qualification events.

Finally, the host nation have eight places which they can allocate as they see fit other than adhering to the maximum quota per NOC for each event (i.e. maximum of three fencers for categories with a team event and two for categories without.

Simple!

IN BRIEF - David Fulcher

I managed to catch up with the ever busy David Fulcher, Head Performance Analyst in British Fencing’s World Class Performance Programme. David comes from a strong rugby background in Wales. His love of numbers and sport combined at university where he got involved in sports performance analysis while studying for his degree.

“I was given the opportunity to work with fencing through a rapid response project created by UK Sport, British Fencing and the EIS before the 2012 Olympics”

As a sports performance analyst his role entails the use of statistical analysis to help aid decision making, improve feedback processes and enhance knowledge to ultimately improve sporting performance. Software programs such as ‘dartfish’ are used within the analysis process to collect and present reliable data about both British and opponent fencers performances. Key performance indicators and variables are set out by the coaches, which are then collected through the analysis process and feed back to the coaches and athletes within review sessions. Each of the athletes will look to do a review session after each competition to put factual evidence on the table to decide what areas he can develop and what strengths can be enhanced.

“Analysis of your own performance is key to helping you develop as a fencer while preparing for your matches technically and tactically will ultimately make you a more confident and mentally robust athlete.”

He is also currently involved with Huddle, which as he explains is the WCP’s ‘online platform’. It is used to create a place for information to be centrally stored and disseminated in a secure environment to all coaches, athletes and staff. It can be accessed through any online devices such



David Fulcher

as mobile, tablets, laptops, etc anywhere in the world. This has helped to improve communication and collaboration “especially when you have squads in different parts of the world at any one time over the season.” Each fencer will have access to his own personal page of information and also a general information page. Types of information stored on there will range from personal S&C programs, videos of matches to weekly training plans and jet lag guidance for competition travel.

British Fencing’s aim over the coming years is ‘to produce the best fencing athletes in the world’ through creating an environment on the WCP the makes success inevitable.

With GB’s fifth place finish in team foil at the Senior World Championships in Moscow recently, it certainly seems to be working!

Ed Rogers

AN INTERVIEW WITH LINDA STRACHAN BEM

by Ed Rogers

I had the good fortune to talk with Linda Strachan following the announcement in the Queen's Birthday Honours List of her being awarded the British Empire Medal. Rather than set formal questions and answers, I simply asked her to tell me her story in her own words. What is written here is a fascinating tale, which still continues today:

"My first exposure to fencing occurred through pure accident. I attended a school table tennis club twice a week (age 13). One day, a fencing coach came on the scene to do six weeks of 'come and try' sessions. We played table tennis each week and there were no takers for the fencing. I think that in those days, children in the East End of London thought that fencing was a snobbish sport. He sat there week after week. Then, on the last but one week, the others didn't turn up, and the coach asked me if I'd like to try fencing, and I tried it; but at this stage I didn't want to give up my table tennis. The next week, which was the last, one other person turned up to play table tennis. After they'd gone, we did some more fencing instruction and he said that I should try going to a fencing club, which I tried, and I loved it.

"I remember watching the Munich Olympics (1972). I decided, even at that young age, that I wanted to compete in the Olympic Games. The next year I returned to the school fencing club. There was just me and I went religiously twice a week. I even gave up table tennis. At the end of the 70's, I started training seriously, went to P.E. college in West London and began training at London Thames Fencing Club. It was there that I met the fencing coach Frank Charnok, who invited me to try out for the GB under 20's team.

"My first big chance occurred when I made it to the England team for the Commonwealth Games in Barnstaple, England (1982). It was

"Before Pierre and I hang up our coaching jackets, our final dream is to send one of our fencers to an Olympic Games...We coach with passion, because that's what drives us on."



Linda Strachan (photo courtesy of the Newham Recorder)

here that I met my partner, Pierre Harper, also from London. We kind of stood out because we were the only people on the team who had not been to Oxford or Cambridge. Pierre, who was already an established fencer, really pushed me to improve.

"My first selection for Great Britain was at the World Championships in Sophia, Bulgaria (1986). I was getting closer to realising my goal. I badly wanted to go to the Olympics in Seoul, South Korea (1988). I knew that I'd made it when Hilary Philbin (now the President of British Fencing) phoned me up to tell me: she said 'well done, you've made it to the Olympic Games'. It was quite an emotional moment for me. Pierre was going too and we were one of the few couples going to the Olympics. I'd worked so hard to get there. After making the 1988 Olympic Games, my first major taste of success came in 1990 when I won my first Senior Commonwealth Games gold medal for England. That was the start of a great decade for me.

"I've always felt that I wasn't a very confident fencer. Coming from the East End of London, we were kept under lock and key: my mum and dad brought up four girls. I wasn't well travelled. But for the next ten years, I can honestly say that I grew in confidence and moved up into the top two of the GB Senior Women's Foil Rankings. I had made 2 Olympic Games and six Commonwealth Games (where I collected a total of 6 golds, 2 silvers and a bronze) '.

She won the Senior Women's Foil National Championships a total of seven times, including five successive wins between 1997 and 2001. In 2000 she won the Royal Armouries Tournament, as well as the

Welsh Open and Leicester Open, and has won every major domestic title during her long distinguished career. After her sixth Commonwealth Fencing Championships, she retired from competitive fencing (at the end of 2002). Her fencing career lasted 17 years and included appearances at two Olympic Games and thirteen World Championships.

Linda, who is busy preparing to move house at the moment, paused briefly in her narrative to shout to Pierre in the background. Then she continued with the second part of her remarkable story:

"In 2002 (aged 42) I didn't have that urge to win any more, I didn't mind losing and I decided to end my competitive fencing career. I was presented with a special lifetime achievement award from Helen Smith (Australian Fencing Federation).

"In 2005, something happened which led to the next chapter. I wound-up a job at sportengland and decided to complete my teacher training, which I hadn't finished when I completed my sport science degree, because I was too busy competing. That summer, Pierre and I did the 'Olympic Summer of Sport Programme in Newham', a scheme whereby children were allowed access to all the summer Olympic sports. We had in excess of 400 children come through the door. It was at that point that we decided to start our own fencing club and Newham Swords was born. Ten years later, from meagre beginnings, we have produced a total of 18 international fencers at England and GB level. This November we celebrate 10 years of all this success and I will also receive the British Empire Medal.

NEWHAM SWORDS TEN YEARS ON

Linda Strachan

Newham Swords Fencing Club (situated a few miles away from the Olympic Stadium in Newham) was formed in November 2005 by Olympic fencers, Pierre Harper and Linda Strachan. The Club is a shining example of a sports legacy from the 2012 Olympic and Paralympics Games, and is a great example of promoting equal opportunities in sport and providing opportunities for children from disadvantaged and diverse backgrounds, not normally associated with the sport of Fencing.

Achievement Over the Last Ten Years

Since 2005, the Club has gone from strength to strength and is now arguably the top junior fencing club in the country. Pierre and Linda are extremely proud of the fact that they have produced a total of 18 international fencers who have represented England and GB at U15, U17, U20 and Senior Level. The Club's younger fencers have also achieved a great deal of success, having won titles at all the major junior

"These are a fantastic set of results from a very talented bunch of young people. They are a real joy to work with, not only because they give 100% in training and competition, but also because of their strong will to win and great team spirit. This is precisely why these young fencers are doing so well at the moment", says Linda.
"This success is not just down to talent and hard work. It has also come about from training in a supportive, disciplined and fun environment", adds Pierre.

competitions (such as the LPJS events, the English Youth Championships and British Youth Championships).

The Club's key successes over the last two years alone, include the following:

- Winning the London Youth Games Senior Age Group for a record nine times in succession;
- Getting 16 fencers selected to represent GB at U17 and U20 World Cups;
- Winning the GB U17 and GB U20 National Men's Foil Titles;



This shows some of our current England and GB Internationals. Back Row: Left to Right - Pierre (Head Coach), Jai Birch, Rajan Rai, James Page, Rachel Shaw, Katrina Feklistova and Linda (Club Manager) Front Row: Left to Right - Benjamin Urdzal, Darica Au, Emilija Lukaite and Alice Campbell (photo: Andrew Baker)



Pierre, Jai Birch (current GB No. 2 in Junior Men's Foil), Rajan Rai (current GB No. 1 in Junior Men's Foil and U20 National Junior Men's Foil Champion) and Linda. (photo: Andrew Baker)

- Winning the UK School Games Men's Foil Title
- 2013 Junior European Team Bronze Medallists (where three of the Club's fencers competed for the GB 4-Man Team which won bronze);
- 2013 Junior World Championships 4th Team placing (where three of the Club's fencers achieved this result);
- Gaining the top GB result in Junior Men's Foil, at the 2015 Junior European Championships
- Getting five fencers selected for the 2015

- Cadet/Junior Commonwealth Games, where they collected a total of 2 golds, 2 silvers and 2 bronzes
- Presently have the number 1 and 2 in the Junior Men's Foil Rankings.

Further information on Newham Swords can be found here: [Newham Swords](#)

THREE LADIES IN POREC

by Richard Cohen

Last May, over 1100 fencers descended on Porec, the seaside holiday town in Croatia, for the European Veteran Championships. In the not so recent past, it would have been unheard of for any British fencer without international experience to sally forth gaily into the teeth of foreign opposition. But three intrepid club fencers decided they were up for it. Here are their reports on a galvanizing, memorable experience.

Helen Williams

“Everyone’s going. It will be wonderful, you know...” I’m not sure if it was those specific words, the slightly mischievous glint that always appeared in Carole Seheult’s eyes whenever she started talking about the Europeans Veterans Open, or all the encouragement I’d received at Lazlo’s Fencing over the years but that evening after training I took a deep breath and booked the flights that would take me to Porec in May. I told myself that now that the flights were booked there was no turning back, even though I was simultaneously wondering why I had just done such an (apparently) crazy thing.

I’d started fencing a few years ago, initially at the Oxford Fencing Club, and began to train more intensively when I moved north and joined Lazlo’s Fencing. The initial decision to start fencing had been somewhat arbitrary: it was the start of a new year and I had been determined to find a new sport that contained the mental discipline and problem-solving aspects of judo and ju-jitsu, sports which I had loved but which I had to drop due to injury. When it came to fencing I initially experimented with sabre, but on Lazlo’s suggestion I switched to epee and by the time I decided to go to the Europeans I’d been fencing epee regularly for a few months, thoroughly enjoying myself at Lazlo’s adult beginner and regular training sessions. I was extremely apprehensive about the Europeans, as my competition experience was limited to just a few local competitions (where it’s fair to say I had not exactly distinguished myself), but I needn’t have worried. Upon arrival we were all swept up into the warm frenzied bustle of GB Veteran’s fencing and everyone was incredibly friendly and supportive and did everything they could to make us feel welcome. On the actual day of the competition I was simultaneously curious, nervous and excited and also somehow energized by the atmosphere in the sports hall. The day and competition itself seemed to pass very quickly, from getting changed to going on the piste to get warmed up with other GB epeeists to the poules, where numerous people came by to offer their support and advice. My DE was excellent fun, and nerve-racking in the final period as the score was so close – in the end I went out 10:9 after three doubles in a row, and my opponent and I were both shaking with exhaustion when we shook

hands. During my bouts I could occasionally hear voices calling encouragement or clapping and it was incredibly uplifting when I realized that many of the people who’d come down to support me didn’t even know me – they were just supporting their country and one of their fencers, and that left me feeling both very humbled and extremely proud to be there.

Gayle Haswell

I took up Epee Fencing in 2012. I was looking for a new sport to immerse myself in to take my mind off a difficult bereavement. When I was younger I had shot .177 target air rifle and .22 small bore at county level with an ambition of GBR selection in my sights. I managed national champion level (team effort) but sadly, life intervened and my GBR dream wasn’t realised. The challenge of taking up a weapon sport was very appealing. However, when I joined Laszlo’s I did so with no intention of ever competing.

My motivation for fencing was for the fitness benefits and the social aspects of the sport. Although, I started fencing in 2012 my attempts have been somewhat off and on. At one point taking a year out due to illness between 2013-14. So it was with some trepidation that I let Carole Seheult convince me to compete at the European Veterans Championships. She must have caught me on a good day.

‘The Vets’ was to be my first competition. I was so anxious and concerned that I had nowhere near enough experience for such a high level competition. My expectation of success at this event was zero. I was going purely for the experience and my biggest challenge would be keeping my anxiety in check. I decided to set myself the goal of achieving 1 hit per fight. I thought if I could manage that then job done!

The competition was fast upon us and on the day it was swelteringly hot. I’d been fighting bouts of flu and asthma since March and running true to form I had come down with a head cold and sinusitis. My goal suddenly changed from 1 hit per fight to keep breathing, don’t pass out and make a fool of myself. There was an element of pride involved. I was wearing the GBR red white and blue stripes and it was my first ever competition. This was quite a big thing for me so, no pressure.

Once inside the venue, I and two other novice

fencers (Silke Harvey and Helen Williams) met up with the other GBR veterans. They were so supportive and their advice helped to take some of the stress out of the situation. Under their watchful eye we warmed up and prepared ourselves for battle.

When my poule started the adrenalin kicked in. I concentrated more on my breathing than the fencing. I eventually found myself relaxing a little and was more able to focus on the fight itself. I achieved my goal of 1 hit per fight and in some fights did better than expected. I narrowly lost one fight. If I’d had more experience I would have known to stall and win the fight on time. My D.E. bout was okay. It took me a while to get going and I lost 10-5. I was getting tired but the shouts of support from Beth Davidson and fellow spectators’ piste-side spurred me on. I was relieved when it was over but quite pleased with my effort. I thought for a first competition as fencer with so little experience I managed not to disgrace myself. Overall, I think I placed 78th out of 84 competitors.



Gayle fencing



Three Ladies in Porec

There is so much more to the European Vets Championships than competing, there are the people you will meet and the stories they have to tell. For me, long lasting memories will be watching the theatrical, nail biting, exciting finals and the electric atmosphere. There is also the sing your national anthem the loudest competition. When it is Italy v Great Britain it is truly a clash of the titans and a spectacle definitely not to be missed!

Silke Harvey

When I first started fencing, I was mainly looking for a sport to compliment my weight loss regime. At 42, after years of working as a translator glued to my desk, the pounds had crept on and it was simply time to get moving again like I used to in the past. A picture of myself on stage playing the bass in my husband’s band gave me the final push I needed to get going.

I am have never been the sporty type and I am not a big fan of gyms and all the popular sports like running, swimming, etc., so I was a bit at a loss as to what to do that I would actually enjoy and keep up. All of my life, I have been

fascinated by fencing, been devouring every swashbuckling movie and always admiring fencers in their nice white gear. But somehow I just never got involved in the past. I guess the common misconception that fencing is only for the “well-to-do” had a lot to do with it. So one day I simply decided to check online what sports are available in my area and an advert came up for a beginner’s course at Laszlo’s in Durham. Very reasonably priced, all equipment provided. So I decided to give it a go and signed up. There is no looking back from that, really. I fell in love with the sword from the very first minute and haven’t missed a training session if I can help it since.

Several months into my novice training I committed fully to the sport, bought my first starter kit and shortly after fought in my first regional competition. It was all an exciting blur, and although I didn’t do very well at all, it was a great experience leaving me wanting for more. A couple of competitions later, and Carole Seheult, the heart and soul of our club, asked if I fancied going to the European Veterans Championships in Porec. I loved the idea, but surely it was not going to be possible, as I did not have any ratings or medals to my name and the standard was going to be ridiculously high for a mere novice... But I was assured that entry was not based on any selection criteria and open to anyone. That’s when I decided to give it a go. What better than to fence in a big international competition in the sun? By now I had lost lots of pounds, gained plenty of energy in the bargain, felt better than ever before physically and mentally and was just about ready for the next challenge.

I decided to turn the whole thing into a lovely holiday and together with my husband Shawn, we drove all the way, first to Venice, where we spent a lovely few days, then on to Porec. The atmosphere in the holiday complex was exciting and bustling and it was a thrill to see fencers from all over Europe get together. Many seemed to know one another and despite a healthy amount of competitive spirit amongst everyone, it was like a big meeting of old friends. I felt proud to be part of this event and representing my country to the best of my ability.

On the actual day of the competition, Helen, Gayle and I, the three novice “Musketters” and Carole, our “mother hen” made our way to the hall. But things went not entirely to plan, as they almost never do. When reversing our Rover (an extremely low-riding vehicle) off the so-called “parking area”, which was nothing but a poor grass verge really, we ripped off a part of the exhaust on the extremely steep curb. In a panic, with just an hour to go before having to start our warm-up, Shawn flattened himself out to the point of resembling a post card, somehow got under the car and bent the troublesome piece of metal back into some passable shape that meant we were not going to spark and scrape down the road like a Mad Max machine after all. We arrived at the hall with time to spare after this bit of excitement and were introduced to many new faces, met some new friends we had made the days before, and were generally made to feel very welcome by the British team.

I was excited by the impressive venue. To me, the musician, it was like going straight from my first pub gig to playing Wembley. I didn’t feel nervous as such, having lost my “stage fright” many years ago, but was anxious not to fall foul of all the different rules and etiquette of an international event.

We all fenced very well that day and went back to the hotel to celebrate the success of simply being at such a prestigious event with a beautiful dinner of delicious seafood under the balmy Mediterranean stars. A wonderful end to a great day! I felt honoured and proud to have been given this chance and happy that I have come so far in such a short space of time. I would have never guessed that this could happen when I took my first tentative steps with a sword in September 2013!

Fencing is most definitely one of the best things to have ever happened to me and I won’t miss it for the world. I plan on entering more local competitions, get more experienced, keep up my training and personal lessons with Laszlo, my excellent coach, and generally have lots of fun. Will I be back at the next European’s? Definitely!

My advice to anyone considering taking up this brilliant sport: Give it a go, you might be surprised at how easy it is to get started. There are lots of clubs that can lend you the equipment and will be only too happy to welcome you as a novice. Especially the Veteran’s scene is welcoming and friendly and the focus is on fun and sociability rather than pure competition. A brilliant hobby that keeps you fit and alert at the same time!

THE MALTA OPEN

AN EXCEPTIONAL COMPETITION

by Jim Pilkington

What makes the Malta Open so special a competition, is that while it is limited to around 28 competitors in each of the weapons, within that weapon as many 7 different nations can be taking part.

For example, in just one poule in the Men's Epee this year, there were 4 different nations: Malta, GB, Spain and Italy. 18 years ago it started out as simply a Malta – GB event and was initiated in order to give the Maltese fencers a wider spectrum of fencing. It has had its ups and downs with one year 70 entering from GB, which was far too many; and was probably the cause the following year of it dropping to just FOUR. Those 4 though, then took over its promotion in the UK and with the sponsorship of www.salago.com it has stabilised and grown to a now truly international event.

This year it attracted 12 entrants from GB including some of our higher ranked epeeists – Paul Sanchez Letham, Chris Barker and Harry Peck. It had been thought that they would have a walkover, but the Maltese and other nations met the challenge very well and while Harry Peck (Brixton) brought back the Epee trophy, he was the only Brit in the top 4 in this weapon. Men's Foil was taken by Juan Alconero (Spain), Men's Sabre by Alberto Zegna (Italy). Lady's Epee by Kerstin Wuopio (Sweden) and Lady's Foil by Joanna Speer (GB – Plymouth Uni). On a medal count GB was first with 2 golds, 1 silver and 1 bronze, followed by Spain with 1 gold and 1 silver. Malta was 5th and with 3 silvers and 4 bronzes and so much a challenge to the rest of us.

The other factor that has truly become so much part of the Malta Open is that it is not just a competition. In the words of Juan Formosa, it is also a festival of fencing and this feeds through in the friendships that have developed over the years and invariably comes into practice with

an evening together, and any extra sparring that can be squeezed in during the week or so that we are out there. Then there are the team events that are usually put together to give equally strong teams and from a mixture of the nations. These are truly fun events.

As for Malta itself, one of the big changes that have happened is in public transport. A few years ago, it was provided by delightfully antique buses from the 30-50's era and which apart from reliably breaking down, ended their daily service at around 7pm. It is now quite different with modern air conditioned buses running far more many routes and up to as late as 2300, and with a skeleton overnight service from the night club area of St Julians. Not only that, but the cost of a whole day ticket just 1.5 Euros or 6 Euros for a whole week. So the necessity of having to hire a car is very much less.

Encouragement is given for those from GB and the other nations to all stay at the Luna Holiday Complex in Mellieha. On offer here are quite spacious self-catering air conditioned apartments, two swimming pools, a restaurant and snack bar. By all staying here we create both an opportunity for some sparring around the pool area, and can group together for transport up to the venue (which isn't so well served by the buses).

With the connection of the Holiday Complex with Kyle Borg, one of the Maltese fencers, special discounts are guaranteed if you book by the 31st March, as likewise you should be able to take advantage of cheaper flights.

The provisional date for next year is June 18/19/20th (will be confirmed in September). Early entry to the competition is recommended and particularly in Epee. Further information can be found on the website www.salago.com and on Facebook St Pauls Fencing Club.



The epee contestants with Harry Peck centre stage

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POSTCARD FROM TRURO

Theo Moulin, Swiss champion for -13 (Benjamin, sabre) and Roman Norris, French Lyon League Champion for -13 (Benjamin, sabre), friends in arms, came from Geneva where they train at the Chatelaine club with coach George Hadzopoulos, to Truro Fencing Club to train for a week with the wonderful Truro Fencing team, headed by coach Jon Salfield. They enjoyed and benefited from the 2015 camp and from training with their British peers, and plan to be back for more training in Truro in the not-too-distant-future.



Theo Moulin is in blue, Roman Norris in black – pictured here with Jon Salfield

- The Truro Summer camp takes place in the grounds of Truro School, with all sports facilities, meals and accommodation on site, and chaperones on site for U18s.
- The camp caters for all three weapons and from ages 10 to Senior level.
- A number of foreign fencers attend the camp each year. This year we had athletes from France, Japan, Switzerland, Hungary, USA, Kenya.
- The Truro coaching team is augmented by international coaches - this year Peter Frohlich from Hungary for Sabre and Michael Bindas from the USA for Epee.
- PS Around 100 fencers take part.



Assorted group photos from the Truro camp

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THE DERBYSHIRE EPEE ACADEMY

by Anthony Klenczar

At the time, and in this part of the world, fencing had not been exposed to many people, at least that was the case until I came across an advert in a village shop for a 'Fencer's beginner course'. Jonathon Brown, who ran the beginners course and the six people on that course, myself included, founded Wingerworth Fencing Club. Six beginners, a church hall and six sets of steam foil's, masks and jackets; and we had ourselves a fencing club!

Fifteen years on, I am still the chairman of Wingerworth Fencing Club, and sadly the only original member, things certainly look slightly different now. We have 60 regular members, plenty of kit and a few titles to our name: Simon Wilson, Paralympian London (2012); Hannah Lawrence, British Champion (2008 & 2015) and England Captain winning team Bronze at the Commonwealth Championships (2014); Jayne Crooke, part of the England team winning Bronze; and other members representing Great Britain at Cadet, Junior, Senior and Veteran level. We also now have four coaches ranging from level 2 up to Level 5 with the British Academy of Fencing, all of whom tried fencing for the very first time at Wingerworth.

This might sound impressive for a fencing club in an old mining town, but I had for some time realised that we needed to get more younger people into the club, I had been wondering how to encourage more people to embrace the sport and join our club so that it doesn't eventually die out, we struggle with our location to take people from popular sports and draw them to the club; we have no university locally to draw people from; good fencers at the club need more good fencers to spar against.

All these things were going through my mind laid on a sun lounger in Greece last year, I realised that if I couldn't get people to come to us, I'd have to take fencing to them - and the Derbyshire Epee Academy was conceived!

I approached Sport England for funding; this was to increase participation and provide stepping stones for good Wingerworth fencers to spar with other opponents from other clubs. I decided that there were two natural places for me to target; one was Dronfield, just below the South Yorkshire border, as I was already running an after school club at Dronfield Henry Fanshaw and the other was Buxton; this was due to Hannah Lawrence living in Manchester, we were meeting up at Buxton for coaching sessions, which also developed into sparring sessions with Jayne Crook, Mary Cohen, Caitlin Chang and others on the run up to the Commonwealth Championships. I believed I could increase participation and provide two good stepping stones on two different

borders of Derbyshire. I hope to find, and grow, new talent, as well as advancing the current standard of Derbyshire fencers, and attracting fencers from further afield.

The first application to Sport England was turned down around April due to insufficient evidence of local demand. I don't give up easily and set about utilising my connections built over the past 15 years; this included the after-school club, I'd been running for two year at Dronfield, I was also being asked to do summer school taster sessions at the time; there was also a lot of interest from passers-by in Buxton Community Centre.

Within a couple of weeks I was ready to submit a second application although I was struggling to get letters of support for Buxton; I had to change the application to focus on delivering a club at Dronfield and providing once a month taster sessions at Buxton to build up a demand with a view to starting a club there.

The second application was successful and Sport England gave me a grant of £9786 to get things going; we have started off North Derbyshire's next club with a level 5 and two level 1 coaches in Hannah Lawrence and Jayne Crook; I was lucky enough to be taught to coach up to level 5 by Phillip Bruce and I hope to pass on those coaching skills to Hannah, Jayne and others, while we teach many people to fence.

I have been able to offer free four week beginners courses at Dronfield; at week eight we have twenty club members sixteen of which are completely new to fencing. I have delivered taster sessions to 204 young people at summer schools through July. We will be doing PE sessions at DHFS and Eckington school in September / October to boost a young membership; I am also starting an after school club at Tupton Hall school which will also boost Wingerworth's young membership.

In Buxton we have arranged six taster sessions at Derby University (Buxton Campus) and three at the Fairfield centre between now and Christmas; we will be combining the Fairfield taster sessions with sparring for experienced fencers.

Wingerworth Fencing Club's journey to date has taught us many lessons. We'll build on these and, in doing so, hope that new beginners come to share in the love of fencing. I also hope for even more new titles to be brought home to Derbyshire by increasing the number of people fencing, working them hard and providing them with quality coaching.

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IOC ANNOUNCEMENTS

The President of the International Olympic Committee (IOC), Thomas Bach, has announced (31/05/2015) widespread changes to the composition and function of the IOC commissions for 2015. The changes are a direct result of the reforms stemming from implementation of Olympic Agenda 2020.

President Bach has significantly increased the number of women nominated to a commission compared to two years ago when he was first elected, with a third (32 percent) of places now taken by women. That is a 49 percent increase since he took office. There are also increases in the numbers of members from Africa and Oceania, as well as an increase in the number of chair persons from the Africa and Asia now accounting for 34 percent.

"These changes are another major step in the implementation of Olympic Agenda 2020, the strategic roadmap for the future of the Olympic Movement," said IOC President Thomas Bach. "They demonstrate the close dialogue with our stakeholders and society at large, with whom we started this process nearly two years ago. The increase of women's participation and the broader geographical representation will encourage more inclusive decision making,"

Georgina Usher, the CEO of British Fencing, points out that women now make up a considerable percentage of the people playing sport globally, and the numbers are increasing. In London 2012, 44% of the athletes were women (4847). By achieving the 30% critical threshold, Thomas Bach has ensured that the views of women are represented in the highest level of Olympic Sport governance, and set a marker for other International Federations around the world. *"I look forward to the FIE congress vote in November when the FIE will vote on a minimum 30% gender representation on their commissions and councils. If you want to show your support for this, like and share our Facebook page – 'Fencing: Together we are stronger', here: *

I asked Dr Stacey Johnson, Chair of the IOC's Women & Fencing Council to comment:

"What I might contribute to the conversation is that there has been slow, steady progress to bring women competitors equal access to participation in fencing through equality of access to the three weapon disciplines. When I started fencing in the late 1960's, women could only choose one weapon, foil. By 1996 women's epee was brought onto the program in the Atlanta Games and by 2004, women finally got access to saber in Athens, Greece. However, in terms of governance, there has been little progress since 2003 when the FIE mandated at least 20% representation of women on Executive Committees, Commissions and Councils.

"In 2007 the Olympic Charter was amended to include, for the first time in history, the following: 'The IOC encourages and supports the promotion of women in sport at all levels and in all structures, with a view to implementing the principle of equality of men and women.' Rule 2, paragraph 7, Olympic Charter in force as from 07.07.2007.

"The International Olympic Committee has publically committed itself to increasing the number of women occupying leadership positions within the Olympic Movement. In line with the commitment of the IOC and best practices in organizational governance, it is now time to increase gender balance in the FIE by increasing the minimum representation of men and women on all FIE Commissions and Councils to 30%. Women want equality for men too. Currently, no men serve on the Women & Fencing Council.

"This proposal was introduced last November at the FIE Congress and was narrowly defeated. The Women & Fencing Council, in the truest tradition of sport, is not giving up or in and this proposal is slated for another vote this coming November at the FIE Congress in Guangzhou, China.

"Some 12 years ago, the FIE was leading on the women's issue, now we are scraping to get 30% representation in governance and to follow Thomas Bach, the IOC president's lead where he now has ensured women account for 32% on the Executive Committee and other representative bodies in the IOC."

More information is available using the following link: 

Stacey feels that it is important that all of us support this fight for an increase which is moderate and incrementally needed for women's voice in the governance of fencing worldwide.

Editor

IOC CONSENSUS STATEMENT ON YOUTH ATHLETIC DEVELOPMENT

In an effort to advance a more unified, evidence-informed approach to youth athlete development, the IOC has prepared to following paper, which can be viewed using the following link: 

Clare Halsted

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BOOK REVIEWS

SINS OF THE FLECHE The Book of 102 Fencing Cartoons (101 pages)



Peter Russell's excellent sequel to Hot Sweat and Cold Steel is called Sins of the Fleche. In it he pokes fun at many aspects of the humorous characteristics our excellent sport.

These include jokes with short people, dodgy refs, teenagers, conversations taken out of context, computers, mobile phones, silly coaches, a number of fencing actions, fencer's holiday snaps, children in fencing, fencing mums and other parent jokes, children fencing, dropping a grub screw, different countries (including the Scots), women in fencing, cinema...and many other entertaining situations.

Take a copy to your next competition and share it with friends in breaks between fencing.

Editor

Published by Russell Swords Ltd and available on: 

SHORT STORY COMPETITION

The distinguished novelist Daniela Norris has agreed to offer 4 copies of her soon to be published fencing themed novel Recognitions, as prizes in a short story to be run in The Sword, which is open to any reader to enter. Daniela has graciously agreed to judge this competition, the prizes for which will be sent out before Christmas this year. This is a great opportunity to win an early copy before it is officially published in January 2016.

Do you have a great story to tell, inspired by your fencing travel? Has anything really interesting, amusing, or inspiring happened during one of your away-from-home fencing competitions? If not, feel free to make it up! Fiction and non-fiction submissions are welcome, as long as the theme is generally respected.

Fencing travel story - SUBMISSION GUIDELINES

- 1) The competition is open to original, unpublished and unbroadcast short stories in the English language of 1,500 words or fewer.
- 2) Send your entry as an attached word document (files ending with ".doc" or ".docx")
- 3) Include the story and a letter including contact details as separate documents in the same email.
- 4) In the body of the email, please list your name, address, story title and word count.
- 5) Please use the subject header "Fencing travel story 2015 Entry".
- 6) Email submissions to media@britishfencing.com
- 7) Closing date is 30th November 2015.
- 8) Four winners of the competition will receive a pre-publication copy of the novel Recognitions.
- 9) The Judge's decision is final. The judge will not be able to reply individually to unsuccessful submissions.
- 10) The winners will be announced in the January 2016 issue of the Sword and winning stories can be published on the BF website and accessed with a link from the digital magazine. British Fencing wishes to express its gratitude to Daniela for her generosity and wish her good luck with her new novel.



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HIGH PERFORMANCE FENCING: THE SEVENTH ESSENTIAL

Ed Rogers' new book, 'High Performance Fencing – The Seventh Essential', takes on a tricky task that has vexed many previous writers, namely to produce a written text that will provide genuine practical assistance to aspiring high performance athletes. The complex nature of fencing, with its often subtle timings, tempos and tactics, is not well suited to being expressed verbally, let alone textually, but here Ed takes an innovative and positive new angle. Rather than get bogged down in technical instruction or proselytizing over some particular style, he takes a more holistic approach to performance, engaging with all the elements that make an elite athlete. Physical readiness, strength training, psychological preparation, appropriate nutrition, all have an impact on performance, but are so often given only perfunctory attention by writers (and it must be said, many athletes and coaches). By dealing with these universal aspects of the sport Ed avoids creating any kind of exclusivity to the content, making it both useful and accessible to all athletes.

The format of the book is also well thought out. Each chapter starts by introducing the key concepts of the topic and concludes with a helpful summary. Helpfully each chapter often finishes with a 'grey topic' one that almost falls between the themes of each chapter; so for example, the chapter exploring the importance of talent and hard work concludes with an exploration of an athlete's mindset and this neatly leads into the next chapter on sports psychology. This flow to the content, coupled with the clear and concise prose, made reading the book straight through feel far more natural, like reading a single extended essay rather than a series of short jerky segments.

I also liked the use of purple note boxes that are scattered through each chapter, these highlight salient points that support the main text, or explore certain topics in more detail, also offering the athlete practical advice that supports the broader topic. For example, in the nutrition section discussing the appropriate pre-competition nutrition, the purple box gives an actual menu recommendation for a pre-competition breakfast.

The book is packed with some great photos from a range of domestic and international events. All the images are in colour and support the text well, whilst breaking up the layout nicely. There's also extra entertainment value as you try to identify fencers you know by their socks!

The Seventh Essential starts with a chapter on Fitness and Training, detailing the theory and practical elements of warming up effectively,

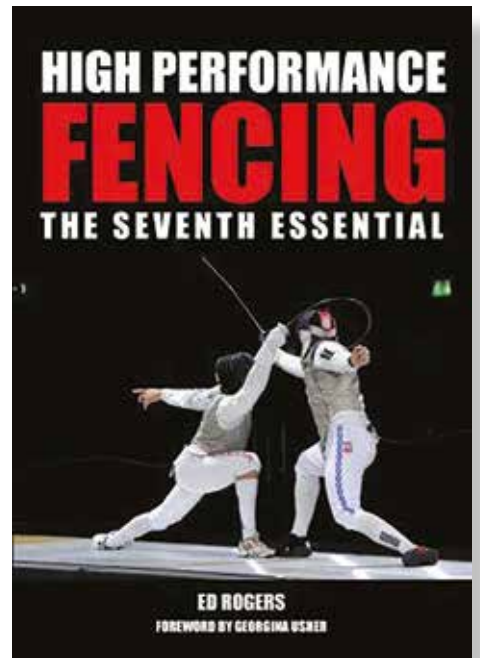
stretching, cooling down and the principle of overloading. Although probably familiar to everyone, Ed offers some interesting insights into levels of improvement possible through training as well as some practical exercises that I certainly hadn't come across before.

This more generic chapter is followed by a more focused section on strength and conditioning. Ed finds a niche here, as most other books either deal with S&C very superficially, or are exhaustive in their content and usually not fencing specific. Here a balance is struck, with a variety of key exercises (back squats, deadlifts, jumps, etc) explored using clear diagrams and non-technical language. Also helpful is the good general advice about progressions and formulating a training program which allows the athlete to measure and control their progress.

The nutrition chapter manages to be prosaic whilst not using the dismissive 'oh, just eat healthily' get-out so often heard. Explanations of the food groups and their impact upon performance are accompanied by practical guidance about training diet, pre-competition nutrition and hydration. Again, athletes will appreciate the specific advice offered on what is so often a rather academic subject.

Shifting from the purely physical side of things, the next chapters consider the importance of the mind, or rather the half way house of 'talent'. The chapter entitled 'Talent or Hard Work' explores the interaction between these two important factors. There is a refreshing honesty about both the importance of natural talent and how it affects an athlete's potential, but also on its limitations. This is coupled with a no nonsense consideration of the central role of hard work in the creation of elite athletes. The classic 10,000 hour rule is considered with an emphasis on the qualitative nature of training as well as duration. The chapter concludes with a very interesting section on the impact of an athlete's mindset, which leads neatly into the next chapter.

The sports psychology chapter was for me one of the most interesting sections of the book. All competitors will have experienced the apparently inexplicable variability in their performance, despite their technical and physical ability being consistent. This is largely attributed to psychological factors, an appreciation of which can help an athlete develop a more consistent as well as improved performance. As anticipated, Ed offers no magic bullet in this chapter that can revolutionise an athlete's mental approach, but instead the message that psychological strength requires work in the same way as physical strength.



Again, I was impressed with the amount of practical advice on offer on what is so often a vague nebulous topic of clichés and anecdotes. He also considers the practical application of psychology within the fight, exploring different 'types' (i.e. passive/active, co-operative/oppositional) of fencer and the impact of both being and fencing each type.

The final section considers the skills required to be a high level performer, considering general attributes such as timing, blade position observations, and distance appreciation, but also exploring some weapon specific exercises to develop these skills with an emphasis on open eyes, and compound choice actions. How applicable you find the information here will depend largely on the nature of the coaching you've already received. However, even those familiar with the exercises and ideas can benefit from them being explained and rationalised.

Overall I was very impressed with 'The Seventh Essential'. It manages to be both detailed and cover a wide breadth of material, without being exhaustingly exhaustive. It would prove an excellent addition to the shelves of any aspiring athlete. It would also be extremely beneficial to coaches looking to broaden their technical and tactical expertise in supporting their aspiring high performance students.

Peter Russell

Published by The Crowood Press and available on: 

Letters to the Editor

Dear British Fencing,

I wanted to write to you to tell you all about the wonderful people and experiences my autistic son has had since joining the Glasgow West End Fencing Club.

Three years ago Andrew decided he wanted to learn how to fence. Where this urge came from I'm not sure, but when any young person with autism takes an interest in anything, it should always be encouraged.

Andrew has always been a sociable young man and his autism is very frustrating for him, as he wants to fit in and be accepted just like everyone else, but his misinterpretation of people's actions and his own difficulties in talking about things repetitively and on subjects that only interest him, can make that social interaction extremely difficult.

I did some research and discovered there was a fencing club at The Arc sports complex at Caledonia University on a Thursday night and I emailed Helen Pitt, explained Andrews's condition and asked if it would be okay for us to come along. She said no problem and we could meet the coach Mark McKenzie and take it from there.

From that first night onwards everyone was extremely welcoming and encouraging. It was a huge learning curve for all.

Andrew has had to learn to listen and not to say the first thing that comes into his head when he meets people. He has learned to be helpful and set up equipment, take instruction and be aware that if what he is saying isn't appropriate, he has to stop and either listen or change what he is saying. The rest of the group, I think, have learned to take Andrew as they find him: sometimes they have to explain things in a slightly different way when talking to him as he takes things literally. For many of them, Andrew is the first person with Autism they have met.

One of the club members, "Gordy", actually did some research on autism and with the coach's help tried to work out the best way to help Andrew learn the skills of fencing. They worked together writing moves out and finding ways to explain moves in a way he could understand.

Mark McKenzie, his coach, has been very understanding of Andrew's condition. He has been supportive of him, made exceptions for him when required and been tough when required too. He has been really good at talking to me if there have been occasions where he has met an impasse in explaining something to him or getting a point across.

Other club members have all been helpful in coaching, being a friend too and having a good laugh with Andrew, and helping him find out what behaviour is acceptable in a mainstream group setting. Like most young people with any special needs they usually only mix with others with similar conditions. This can lead to difficulties in fitting into mainstream environments. Thanks to all of the great team at the club, Andrew is learning so much more than fencing. Don't get me wrong there have been occasions where he has been cheeky, or rude, or said totally the wrong thing; but instead of making exceptions for him they have told him it is wrong, or inappropriate and helped him learn to apologise and not make the same mistakes again: a very valuable lesson to learn in a reasonably safe environment.

Andrew practices his moves all over the house, corrects my footwork when I try to do it with him. He hates having to miss a club night and gets really annoyed with me if I am running late on a Thursday night, if he thinks he will be late or miss the club. He feels part of it and calls everyone there his friends. For a young man with autism this is a rare and valuable thing. I cannot thank everyone at the club enough for welcoming us both in and helping



Top – Andrew Jolliffe (photo: Kris Moodley)
Bottom – Mark McKenzie coaching Andrew at Glasgow West End Fencing Club (photo: Kris Moodley)

Andrew in so many other ways, in addition to learning how to fence.

**Yours
Charmaine Jolliffe**

More information on Glasgow West End Fencing Club can be found here: [🇪🇺](#)

Dear British Fencing,

It is very difficult to get 'firsts' in Modern Pentathlon for British Women due to the



Francesca Summers, World champion 2015

fantastic success British Women have had over the last 15 years.

But Francesca Summers 1st British Women to represent GB at the Youth Olympic Games 2014. 1st British Women to medal at YOG's (silver).

And now 1st British Woman ever to win the Junior (U23) World Championships in her first Junior year.

Francesca Summers WORLD CHAMPION 2015.

Now British Fencing and specifically Matt Haynes, Bryan Lewis and Bob Bales have played an immense role in preparing Francesca for this win and I would like to formally acknowledge this and offer the Summers Family's thanks for their efforts and input over

the years. Please pass on my thanks to them.

Francesca achieved this with a good swim, a good ride, a fantastic fence and yes a 'stonking' Run Shoot Combined. But the part played by the 'fencing' element cannot be overlooked.

"Best Combined Ever" but it was the fencing that got her into that position - thank you British Fencing.

See write up report here: [🇪🇺](#)

**With Kind Regards
Proud Daddy
Neil**

Obituaries

SIR NICHOLAS WINTON (1909-2015)

Sir Nicholas Winton, who organised the rescue of 669 children, mostly Jewish, from Nazi-occupied Czechoslovakia on the eve of the Second World War in an operation later known as the Czech Kindertransport, has died at the age of 106. After the war, he did not discuss his efforts with anyone; his wife only found out what he had done when she discovered a scrapbook in their attic in 1988, detailing the children's parents and the families that took them in. In recognition of his work on the Kindertransport, he was knighted in 2002 and in 2014 he was awarded the highest honour of the Czech Republic, the Order of the White Lion.

Nicholas 'Nicky' Winton started fencing at Stowe School during the 1920s and on leaving joined one of the leading London clubs, Salle



Nicky Winton 1931



A rare appearance of the brothers together at the event they founded (Photo: Graham Morrison)

Bertrand. He competed at foil and epee under his original German Jewish family name of Wertheim, which was changed to Winton in 1938. He was runner-up in the 1929 Hamburg Junior Foil and came 4th in the 1933 Miller-Hallett international epee tournament.

A year before the outbreak of war, Nicky, then a young stockbroker, went on holiday to Prague where thousands of mainly Jewish refugees had fled from persecution by the Nazis. When he learned that no one was able to help the many endangered children, he set about rescuing those most at risk if Hitler invaded Czechoslovakia, as happened in the spring of 1939. He advertised for families willing to look after a child until their 17th birthday and in 9 months of campaigning, sometimes even forging passports and making up adoption papers, he brought eight trains of children to Britain. The ninth train was due to leave Prague on the day war was declared on Germany; none of the 250 children on board was ever seen again.

After the war Nicky and his younger brother Bobby moved into fencing administration. They felt strongly that the sport needed a competition involving fencers from all over the country. And so they devised the Winton Cup, an inter-section team event that was presented by them in 1950 and continues to this day as the most popular team competition in fencing.

Nicky went on to become President of Southern Section from 1958 to 1966. Meanwhile, the Winton Cup continued to go from strength to strength, splitting into two and, for a while, three divisions to cope with the number of sections taking part. In 1978 the brothers presented a trophy for a Cadet version and 30 years later they gave another cup for a Veterans' Winton.

He died on the morning of 1 July 2015 at Wexham Hospital, Slough, from respiratory failure, with his daughter Barbara and two grandchildren at his bedside.

Malcom Fare

Charles Gault Obituary Submitted by Jack Magill

'Charles Gault or 'Charlie' as he was known to generations of Instonians and fencers was a substantial figure in the fencing world. President of the Northern Ireland Fencing Union for over thirty years and master i/c fencing at RBAI from 1965 he

was an enthusiastic and committed fencing administrator serving on committees of Public Schools Fencing and representing us on the Northern Ireland Commonwealth Games Council through the long years of the sport's exclusion from the main Games. His greatest pleasure was to register the success of Inst fencers and he was responsible for the school being at the very top of UK schools fencing

for the whole of his involvement, even after retiring from the school staff. He was an active supporter and ambassador helping dozens of individuals in their enjoyment of fencing. The anecdotes are legion, the memories copious. He is a loss not just to his family, but to all those who knew him.'

RESULTS

YOUTH DOMESTIC		
LPJS SCOTLAND, 6TH-7TH JUNE 2015		
U11 BOYS EPEE		
1 EL-SAIE, Zayd	CHELSEA FENCING CLUB	
2 BELL, Alfie	LAZLOS	
3 SOUTER, Xander	SHETLAND	
U11 BOYS FOIL		
1 EL-SAIE, Zayd	ZFW/SUSSEX HOUSE	
2 TAKLE, Douglas	COBHAM	
3 BEAMISH, Eddie	WEST FIFE FC	
3 COOK, Jaimie	SALLE HOLYROOD	
U11 BOYS SABRE		
1 EVANS REEVES, Sebastian	RUSSELL SWORDS	
2 BUSH, Eli	123oB1 MARSHALL FENCING	
3 EDWARDS, Benjamin	RUSSELL SWORDS	
3 LOPEZ, Alexander	EDINBURGH FENCING	
U11 GIRLS EPEE		
1 GOLDEN, Eve	TEAM NEWCASTLE	
2 JACKSON, Ellie	SKIPTON	
U11 GIRLS FOIL		
1 ZADORA, Milenka	SALLE HOLYROOD	
2 WILLIAMSON, Lucy-Belle	SKIPTON FENCING CLUB	
3 COMMITTERI, Sofia Emily	BATTERSEA	
3 WILLIAMSON, Lexie	SKIPTON FENCING CLUB	
U11 GIRLS SABRE		
1 SAUNDERS, Nicky	MARSHALL FENCING	
2 WESTWELL, Amy	RUSSELL SWORDS	
U13 BOYS EPEE		
1 DONAGHUE, Joe	DUNBLANE	
2 MCKERR, Isaac	DUNBLANE	
3 MAY, Toby	TEAM NEWCASTLE	
3 MAY, Oscar	TEAM NEWCASTLE	
U13 BOYS FOIL		
1 CONLIN, Peter	SALLE HOLYROOD	
2 CAUGHEY, Murray	SALLE HOLYROOD	
3 BARBOUR, Rhys	WFFC	
3 STEELE, Gabriel	WFFC	
U13 BOYS SABRE		
1 DUNN, Gabriel	MARSHALL FENCING	
2 MCLELLAN, Rory	SALLE OSSIAN	
3 FREEMAN, Sam	SALLE OSSIAN	
3 SALE, Cormac	MARSHALL	
U13 GIRLS EPEE		
1 BLACK, Abagael	PLYMOUTH	
2 GRAHAM, Megan	NEWCASTLE	
3 CHENNELLS, Poppy	TEAM NEWCASTLE	
3 ROBSON, Emilia	TEAM NEWCASTLE	
U13 GIRLS FOIL		
1 RAIYAT, Henna	MUCH WENLOCK FENCING CLUB	
2 DAWE, Phoebe	RUSSELL SWORDS	
3 RUSSELL, Fiona	WFFC	
3 SALLABA, Tara	CHICHESTER FENCING CLUB	
U13 GIRLS SABRE		
1 CORCORAN, Erin	RUSSELL SWORDS	
2 ROBBINS WILKINSON, Ellen	MARSHALL FENCING	
3 BANISTER, Alice	MARSHALL FENCING	
3 LLEWELLYN, Elsie	SALLE OSSIAN	
U15 BOYS EPEE		
1 BELL, Jack	1143oB1 LAZLOS	
2 CARR, Christopher	WFFC	
3 MORRISON, Dylan	SALLE HOLYROOD	
3 WHITTON, Andrew	DURHAM PHOENIX	
U15 BOYS FOIL		
1 FENYK, Anton	LASZLO'S	
2 MORRISON, Duncan	WFFC	
3 BROWN, Robbie	WFFC	
3 HAYES, Harri	RUSSELL SWORDS	
U15 BOYS SABRE		
1 MCLELLAN, Sam	SALLE OSSIAN	
2 CARTER, Toby	SALLE OSSIAN	
3 ALVARES-PERES	SALLE OSSIAN	
3 STAMPER-WATLING, Jack	BATH SWORD CLUB	
U15 GIRLS EPEE		
1 STEWART, Alex	WFFC	
2 AL-WAGGA, Yasmin	BATH SWORD CLUB	
3 DUNGAY, Katrina	WEST FIFE FC	
3 FARMANFARMAIAN, Ariana	BRIXTON FENCING	
U15 GIRLS FOIL		
1 MCLAUGHLIN, Mhairi	SALLE HOLYROOD	
2 BUNOLA-HADFIELD, Elena	HYMERS COLLEGE	
3 JONES, Rachel	SALLE KISS	
3 MCCALLUM, Tegan	LASZLOS	
U15 GIRLS SABRE		
1 WARE, Megan	RUSSELL SWORDS	
2 HASLEGRAVE, Phoebe	WREKIN SWORD	
3 DUNGAY, Katrina	WEST FIFE FC	
3 DUNN, Olivia	MARSHALL FENCING	
NEWCASTLE BRC CADET AND JUNIOR FOIL, 4TH-5TH JULY 2015		
CADET MEN'S FOIL		
1 DE ALMEIDA, DOMINIC	FIGHF	
2 JOLLEY, ISAAC	CHICFC	
3T FARDELL, FELIX	CADS	
3T PAGE, JAMES	NEWHS	
CADET WOMEN'S FOIL		
1 HOME, AMY	SALLK	
2 GRANVILLE, BRONWEN	BATHS	
3T CAMPBELL, ALICE	NEWHS	
3T BARRETT, SARAH	WESTFFC	
JUNIOR MEN'S FOIL		
1 MINOTT, KAMAL	NEWHS	
2 RIDSDALE, ETHAN	RUSSS	
3T BATES, BEN	BATHS	
3T BIRD, HARRY	SALLB	
JUNIOR WOMEN'S FOIL		
1 FIHOSY, AYESHA	SALLB	
2 FEKLISTOVA, KATRINA	NEWHS	
3T MOSS, AMBER	A&C	
3T KURTIS, EMMA	HYME	
LEON PAUL BRC CADET AND JUNIOR SABRE, 4TH-5TH JULY 2015		
CADET MEN'S SABRE		
1 CRAZE, Jamie	TRURO	
2 HALLIWELL, Barnaby	SHAKEPEARES SWORDS	
3 JACKSON, Thomas	SHAKEPEARES SWORDS	
3 PCKKNELL, Joe	SHAKEPEARES SWORDS	
CADET WOMEN'S SABRE		
1 MAXWELL, Caitlin	TRURO	
2 POTTER, Sophia	SHAKESPEARES SWORDS	
3 BRAY, Jenna	TRURO	
3 FASHOKUN, Maia	TRURO	
JUNIOR MEN'S SABRE		
1 DEARY, William	TRURO	
2 AMSALEM, Rubin	CAMDEN	
3 MAXWELL, Josh	TRURO	
3 WATT, Caspian	SHAKESPEARES SWORD	
JUNIOR WOMEN'S SABRE		
1 GLADDISH, Laura	MX FENCING	
2 ANIL, Shreya	CAMDEN	
3 HAMPSOIN, Sarah-Jane	SALLE OSSIAN	
3 POTTER, Sophia	SHAKESPEARES SWORDS	

ELITE EPEE JUNIOR SERIES, 11TH-12TH JULY 2015		
U11 BOY'S GRAND FINAL		
1 Brooke, Alec	KNIGH	
2 Farnsworth, Muhammed	DREAM	
3T Salter, Felix	LONDO	
3T Trotzig-Ruddick, Noah	LONDO	
U11 GIRL'S GRAND FINAL		
1 Shahenshah, Carlotta	KNIGH	
2 Potter, Crinan	CHELS	
3T Loo, Eleanor	KNIGH	
3T Caron, Julia	CHELS	
U13 BOY'S GRAND FINAL		
1 May, Toby	TEAMN	
2 Peacefield, Luka	R&REC	
3T Ashforth, Myles	CADS	
3T Foulsham, Jacob	R&REC	
U13 GIRL'S GRAND FINAL		
1 Lever, Rachael	OPS	
2 Hadalin, Henriette	SALLH	
3T Taylor, Eleanor	OPS	
3T Kalimtgis, Sophia	KNIGH	
U16 BOY'S GRAND FINAL		
1 Roach, Tariq	WHITG	
2 East, Will	KRFC	
3T Paul, Dominic	STOCK	
3T McKendry, Fergus	WELLI	
U16 GIRLS GRAND FINAL		
1 De Boisgelin, Douce	KNIGH	
2 Robertson, Havana	CHELS	
3T Hardie, Heloise	FIGHT	
3T Palano, Elena	KNIGH	
YOUTH INTERNATIONAL		
DREAM FENCING INTERNATIONAL EPEE, 1ST AUGUST 2015		
U13 BOYS EPEE		
1. Farnsworth, Ibraheem	Dream Fencing Club	
2. Farnsworth, Muhammed	Dream Fencing Club	
3. Shoosmith, Travis	Dream Fencing Club	
3. Couchman, Harry	Tunbridge Well	
LPJS INTERNATIONAL, 8TH AUGUST 2015		
U9 BOY'S EPEE		
1 BEAUTYMAN, Cador	GBR	
2 CAMPBELL, Jake	GBR	
3 EL-SAIE, Faaris	GBR	
3 LIN, Michael	TWN	
U9 BOY'S FOIL		
1 GLASSON, Joseph	AUS	
2 CHAUDHARI, Aarav	GBR	
3 BECKMANN, Otto	GER	
3 HUGHES, Oliver	GBR	
U9 GIRLS FOIL		
1 RIZZAL, Surayya	MAS	
2 GLASSON, Sophia	AUS	
3 CHOW, Joelle	GBR	
3 LEUNG, Joelle	HKG	
U9 MIXED SABRE		
1 TAYLOR, Nathan	NZL	
2 LISTER, Alex	GBR	
3 WONG, Douglas	HGK	
3 YUSUF, Ariana	GBR	
U11 BOY'S EPEE		
1 ABUOV, Alnur	KAZ	
2 PAHKALA, Peik	FIN	
3 EL-SAI, Zayd	GBR	
3 KEW, Liam	GBR	
U11 BOY'S FOIL		
1 LEE, Christopher	HKG	
2 BLAIR, Joseph	GBR	
3 COOK, Jaimie	GBR	
3 ROBBINS, Charlie	GBR	
U11 BOY'S SABRE		
1 LIN, Nick	TWN	
2 MARTIN, Henry	GBR	
3 EVANS REEVES, Sebastian	GBR	
3 PEARCE, Magnus	GBR	
U11 GIRL'S EPEE		
1 JACKSON, Ellie	GBR	
2 WONG, Danielle	HKG	
3 HOSSAIN, Sofia	GRB	
3 SAUNDERS, Nicky	GBR	
U11 GIRL'S FOIL		
1 LEUNG, Janelle	HKG	
2 VASILE, Karina Alecsandra	ROU	
3 STUTCHBURY, Carolina	GBR	
3 WILLIAMSON, Lucy-Belle	GBR	
U11 GIRL'S SABRE		
1 BRIERLEY, Bethany	GBR	
2 YANG, Linxuan	GBR	
3 SWIFFIN, Heather	GBR	
3 WONG, Danielle	HGK	
U13 BOY'S EPEE		
1 KEW, Ethan	GBR	
2 RANTANEN, Joonas	FIN	
3 HADDAD, Justin	USA	
3 PALLUD, Matthieu	FRA	
U13 BOY'S FOIL		
1 GRAY, Harry	GBR	
2 WILLIAMS, David	GER	
3 LONSDALE, William	GBR	
3 STENBECK-SCHIAVO, Dario	GBR	
U13 BOY'S SABRE		
1 HURST, Henry	GBR	
2 DEMAREST, Iain	USA	
3 ASHENDEN, William	GBR	
3 CROMIE, Max	GBR	
U13 GIRL'S EPEE		
1 BYWATER, Emily	GBR	
2 KNIGHT, Bea	GBR	
3 CHENNELLS, Poppy	GBR	
3 WONG, Danielle	HKG	
U13 GIRL'S FOIL		
1 VASILE, Karina Alecsandra	ROU	
2 SO, Wing Sz	HKG	
3 POON, Rachel	HKG	
3 SALLABA, Tara	GBR	
U13 GIRL'S SABRE		
1 CORCORAN, Erin	GBR	
2 KHAN, Aneesah	GBR	
3 BRIERLEY, Elle	GBR	
3 CHING, Sapphira	USA	
U15 BOY'S EPEE		
1 DU PREE-THOMAS, Piers	GBR	
2 MACPHERSON, Steven	GBR	
3 BALLONI, Guilherme	BRA	
3 PAHKALA, Pyry	FIN	
U15 BOY'S FOIL		
1 WAKIM, Philippe	FRA	
2 FOREY-MILLER, Jacob	GBR	
3 BECKMANN, Benedikt	GER	
3 HALL, James	GBR	
U15 BOY'S SABRE		
1 FOSTER, Alex	GBR	
2 PAFFETT, Harry	GBR	
3 OMOBORIOWO, Mark	GBR	
3 TWINE, Daniel	GBR	
U15 GIRL'S EPEE		
1 DUDLEY, Amelia	GBR	
2 OIEN, Jacqueline	GBR	
3 JEAL, Laura	GBR	
3 NOBLE, Niamh	GBR	
U15 GIRL'S FOIL		
1 LUKAITE, Emilija	GBR	
2 DUDLEY, Amelia	GBR	
3 CURWEN, Becci	GBR	
3 YU, Ting Hei Dily	HKG	
U15 GIRL'S SABRE		
1 WARE, Megan	GBR	
2 YANG, Lumeng	GBR	
3 KHAN, Zahra	GBR	
3 RODDA, Keely	GBR	
SENIOR DOMESTIC		
WELLINGTON OPEN, 17TH MAY 2015		
MEN'S EPEE		
1. Strath, Oliver	Exeter	
2. Lee, Sebastian	Sidmouth	
3. Scott, Alexander	Tiverton	
3. Davenport, Robin	Gloucester	
MEN'S FOIL		
1. Shillingford, Jason	Salle Lawrence	
2. Jessel-Kenyon, Misha	Exeter University	
3. Manning, Finn	Sidmouth	
3. Cromie, Eoghan	Truro	
MEN'S SABRE		
1. Czinkota, Zsolt	Westd	
2. Paffett, Harry	UA	
3. Strojwas, James	Exeter University	
3. Ball, Jason	Tiverton	
WOMEN'S EPEE		
1. Little, Katie	Salle Lawrence	
2. Lindsay, Georgie	Exeter University	
3. Mills, Emily	Barnstaple	
3. Ashby, Taylor	Plymouth	
WOMEN'S FOIL		
1. Trow, Kat	Tiverton	
2. Speer, Joanna	Plymouth	
3. Birmingham, Jess	Rose Lyon	
3. Tolkien, Ruth	Truro	
WOMEN'S SABRE		
1. Seymour, Hannah	Barnstaple	
2. Eastwood, Annabel	Truro	
3. O'Donovan, Aisling	UA	
4. Underhill, Mellissa	Totnes	
HERTS OPEN SABRE, 24TH MAY 2015		
MEN'S SABRE		
1 CZIKOTA, Zsolt	WEST DORSET	
2 DONALD, Simon	BOSTON	
3 POTTER, Nathan	CAMDEN	
3 WILLIAMS, Nick	NLSC	
WOMEN'S SABRE		
1 POTTER, Emma	STOURBRIDGE	
2 LASANCE, Rachel	RIVINGTON PARK	
3 CARSON, Vicky	PDFA	
3 POTTER, Sophia	SHAKESPEARE'S SWORDS	
LUTON OPEN, 30TH-31ST MAY 2015		
MEN'S EPEE		
1 MAYNARD, Calum	EGHAM FENCING CLUB	
2 BEDANI, Vittorio	LONDON FENCING CLUB	
3 BERRIMAN, Quentin	BEDFORD	
3 DOMEK, Stephen	EASTERN	
MEN'S FOIL		
1 BRUEGGEMANN, Mirko	TFC HANNAU	
2 HOWLETT, Edmund	A C SWORD CLUB	
3 ANDREWS, Ben	SALLE PAUL	
3 DEERING, Maximilian	SALLE BOSTON	
MEN'S SABRE		
1 DAVIS, Paul	PDFA	
2 AMBROSE-WILLIAMS, Clive	OXFORD	
3 PEASE, Matthew	CAMDEN	
3 TULLY, Jacob	MARSHALL FENCING	
WOMEN'S EPEE		
1 PHILLIPSON, Elsa	CADS	
2 HILLIER, Verity	READING	
3 CARNAC, Tamara	TOUCHE	
3 HARVIE, Eleanor	CRAWLEY	
WOMEN'S FOIL		
1 CSERNY, Erika	CENTRAL LONDON	
2 THOULESS, Helen	STREATHAM	
3 CARNAC, Tamara	TOUCHE	
3 DA SILVA, Fernanda	SAXON	
WOMEN'S SABRE		
1 CARSON, Vicky	PAUL DAVIS FENCING ACADEMY	
2 NAREY, Michele	BATH SWORD	
3 CLANCY, Caroline	NLSC	
3 WRIGHT, Lucy	SEACOURT	

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RESULTS

RESULTS

MIXED INTERMEDIATE

1 LOWN, Michael	SAXON
2 TAYLOR, Simon	BANGOR
3 AUSTIN, Kiron	DRAGON
3 WOOLLARD, Nick	SALLE PAUL

WREXHAM OPEN, 6TH-7TH JUNE 2015

MEN'S EPEE

1 Morris, George	Stockport
2 Edwards, Owen	Wrexham
3T Murphy, Nicholas	Northwich
3T Conover, Jeff	Wrexham

MEN'S FOIL

1 Dolan, George	YBFC
2 Edwards, Owen	Wrexham
3T Dawson, Ashley	Chester
3T Scipanovs, Kristofers	De Montford Uni

MEN'S SABRE

1 Edwards, James	Marshall Fencing
2 Bowley, Stan	Aston University
3T Jacob, Michael	Birmingham
3T Thornley, Drew	Marshall Fencing

WOMEN'S EPEE

1 Greetham, Sadie	Harrogate
2 Winterbottom, Rachel	Bangor University

WOMEN'S FOIL

1 Spruce, Katie	Northwich
2 Christianson, Julianna	Salles Scipanovs

WOMEN'S SABRE

1 Jones, Wednesday	Chester
2 Phennah, Stephanie	Wrexham
3 Gray, Cushla	Ddraig Wern

MIXED EPEE

1 Morris, George	Stockport
2 Murphy, Nicholas	Northwich
3 Edwards, Owen	Wrexham
4 Conover, Jeff	Wrexham

MIXED SABRE

1 Edwards, James	Marshall Fencing
2 Bowley, Stan	Aston University
3 Jacob, Michael	Birmingham
4 Swiffin, Michael	Stockport

CUMBERLAND OPEN, 13TH-14TH JUNE 2015

MEN'S EPEE

1 Jonathan Bullock
2 Jack Bell
3 Thomas Dickson
3. Richard Michell

MEN'S FOIL

1 Kai Bulman
2 Alexander Bolton
3 Thomas Crowe
3. Simon Welsh

MEN'S SABRE

1 Keith Davidson
2 Joe Westerman
3 Steve Hannah
3. Colin MacInnes

WOMEN'S EPEE

1 Tara Horn
2 Alison Crosby
3 Anna Hills
3. Alex Wrenn

WOMEN'S FOIL

1 Georgia Webb
2 Helen Pitt
3 Ruth Bober
3. Corena Dcaccia

WOMEN'S SABRE

1 Jen Sanicroft
2 Sibhoan Toon
3 Ruth Bober
3. Lucy Shardlow

BILL HOSKYN'S OPEN, 27TH JUNE 2015

MEN'S EPEE

1 CURRAN JONES, Tommy	BRIXTON
2 NICHOLS, Harrison	REDHILL REIGATE
3 EDWARDS, Tom	REDHILL REIGATE
3 SANCHEZ-LETHEM, Paul	BRIXTON

WOMEN'S EPEE

1 SHEFFIELD, Laura	BRIXTON
2 SMITH, Katrina	TRURO
3 GUNDRY, Jessica	TRURO
3 LAWSON, Danielle	RGS WORCESTER

BOY'S EPEE

1 MAY, Toby	TEAM NEWCASTLE
2 FOULSHAM, Jacob	REDHILL REIGATE
3 ASHFORTH, Myles	CADS
3 GIBSON, Harry	NORTHWICH

GIRL'S EPEE

1 TREVETHAN, Lottie	MALVERN
2 MILES, Katy	PLYMOUTH
3 BRUZGO, Wiktor	STOURPORT
3 WREYFORD, Rebecca	HEREFORDSHIRE

MEN'S TEAM EPEE

1 BRIXTON
2 LEON PAUL EPEE
3 LIVERPOOL
3 READING

MEN'S PLATE

1 KEPPIE, Matthew	WINGERWORTH
2 LAUHLAN, Mark	WALLACE
3 HAZELWOOD, Daryl	FRISBY FENCERS
3 SHEPHERD, Billy	SKIPTON

CAMBRIDGE OPEN AIR EPEE, 5TH JULY 2015

MEN'S EPEE

1 BEDANI, Vittorio	LONDON
2 JOYNER, Joe	GRAVESHAM
3 MYERS, Joshua	OPS EPEE
3 NOTTINGHAM, Jon	C.E.BOIS

WOMEN'S EPEE

1 REDDING, Megan	ESSEX UNI
2 DAVIS, Debbie	CAMBRIDGE
3 DUXON, Sophie	CHILWELL BLADES
3 SCHOLTZ, Orsolya	BEDFORD

MUCH WENLOCK OLYMPIAN GAMES, 12TH JULY 2015

MEN'S FOIL

1 PRIESTLEY, Ben	TEAM MELIA
2 CONROY, Stephen	NORTHAMPTON
3 HOWLETT, Edmund	A & C SWORD
3 POWELL, Matthew	BIRMINGHAM

WOMEN'S FOIL

1 DIFFORD, Abi	GWENT SWORD
2 REGNART-BUTLER	WREXHAM
3 NOWACZYK, Abbie	COCKS MOORS WOODS
3 POTTER, Emma	STOURBRIDGE

ELITE EPEE OPEN, 11TH-12TH JULY 2015

MEN'S EPEE

1 Marsh, Philip	BATH
2 Perry, Nick	HAVER
3T Howser, Chris	OPS
3T Nichols, Harrison	R&REC

WOMEN'S EPEE

1 Cohen, Mary	BEAUV
2 Greetham, Sadie	HARRO
3T Summers, Francesca	R&REC
3T Henson, Julie	NORFO

CHICHESTER OPEN, 18TH-19TH JULY 2015

MEN'S EPEE

1 MAYNARD, Calum	EGHAM
2 RUSSELL, James	ROYAL TUNBRIDGE WELLS
3 BALKENHOL, Lennart	SUSSEX UNI
3 JOYNER, Joe	GRAVESHAM

WOMEN'S EPEE

1 MAYNARD, Johanna	COBHAM
2 STEINER, Christine	HAVERSTOCK
3 LEVIN, Charlotte	SAXON
3 SNELLIN, Holly	GRAVESHAM

CARDIFF OPEN, 25TH JULY 2015

MEN'S SABRE

1 MARSHAL, Stuart
2 JACOB, Michael
3T TAYLOR, David
3T LENNON, Chris

WOMEN'S SABRE

1 RUDENOKA, Kristina
2 GOLDBERG, Sierra
3T ELYS, Laycy
3T WHALLEY, Francesca

LONDON OPEN, 25TH-26TH JULY 2015

MEN'S EPEE

1 Allen, Greg	Haverstock
2 Avis, Anthony	Durham Uni
3T Rocks, Christopher	Shetland FC
3T Henderson, Matt	Leon Paul Epee

MEN'S FOIL

1 Samandi, Mohamed	National Team 12 (WR)
2 Bekkat, Thibaud	Paris TA
3T Tofalides, Alexander	Salle Paul
3T Santos, Gael	Paris TA

MEN'S SABRE

1 Miller, CurtisGBR	Camden
2 Aiyenuro, Soji	Camden
3T Rocks, Stephen	Shetland FC
3T Fotherby, James	Oxford FC

WOMEN'S EPEE

1 Cohen, MaryGBR	Beauvais
2 Lancey, Stella	Cardiff Fencing Club
3T Mason, Mariette	CADS
3T Rahardja, Rania	Haverstock

WOMEN'S FOIL

1 Van Erven Garcia, Saskia	SchermerCentrum Amsterdam
2 Dickson, Chloe	Edinburgh Fencing Club
3T Rentier, Eline	SchermerCentrum Amsterdam
3T Fihosy, Ayesha	Salle Boston

WOMEN'S SABRE

1 Sanicroft, Jennifer	Salle Rollo
2 Carson, Victoria	PDFA
3T Anil, Shreya GBR	Camden FC
3T Lasance, Rachel	Rivington Park Fencing Club

DREAM FENCING INTERNATIONAL EPEE, 1ST AUGUST 2015

MEN'S EPEE

1 Angelinov, Yosif	Dream Fencing Club
2 Richardson, Mark	Wimbledon Fencing Club
3 Todd, Simon	Mallard Fencing Club
4. Pond, Ben	GB Modern Pentathlon

WOMEN'S EPEE

1 Bulot, Astrid	NA
2 Kiy, Patricia	Dream Fencing Club
3 Lebaron, Pauline	NA
3. Carter, Rachel	Wimbledon Fencing Club

LEON PAUL SUMMER OPEN, 15TH-16TH AUGUST 2015

MEN'S EPEE

1 RUSEV, Rosislav	BRIXTON
2 HENDERSON, Matt	LEON PAUL EPEE
3 GREALEY, William	PHIT FENCING
3 GUNPUT, Satya	HAVERSTOCK

MEN'S FOIL

1 OSTACCHINI, Glen	SALLE BOSTON
2 CHEW, Michael	SALLE PAUL
3 ST JOHN, Charlie	ZFW
3 WILLIAMS, Rob	BATH SWORD

WOMEN'S EPEE

1 GUNDRY, Jessica	TRURO
2 GREETHAM, Sadie	HARROGATE
3 SUMMERS, Francesca	PENTATHLON GB
3 SUMMERS, Charlotte	PENTATHLON GB

SENIOR INTERNATIONAL

BAKU EUROPEAN GAMES 2015

MEN'S TEAM FOIL

1. Great Britain
2. Italy
3. Russia

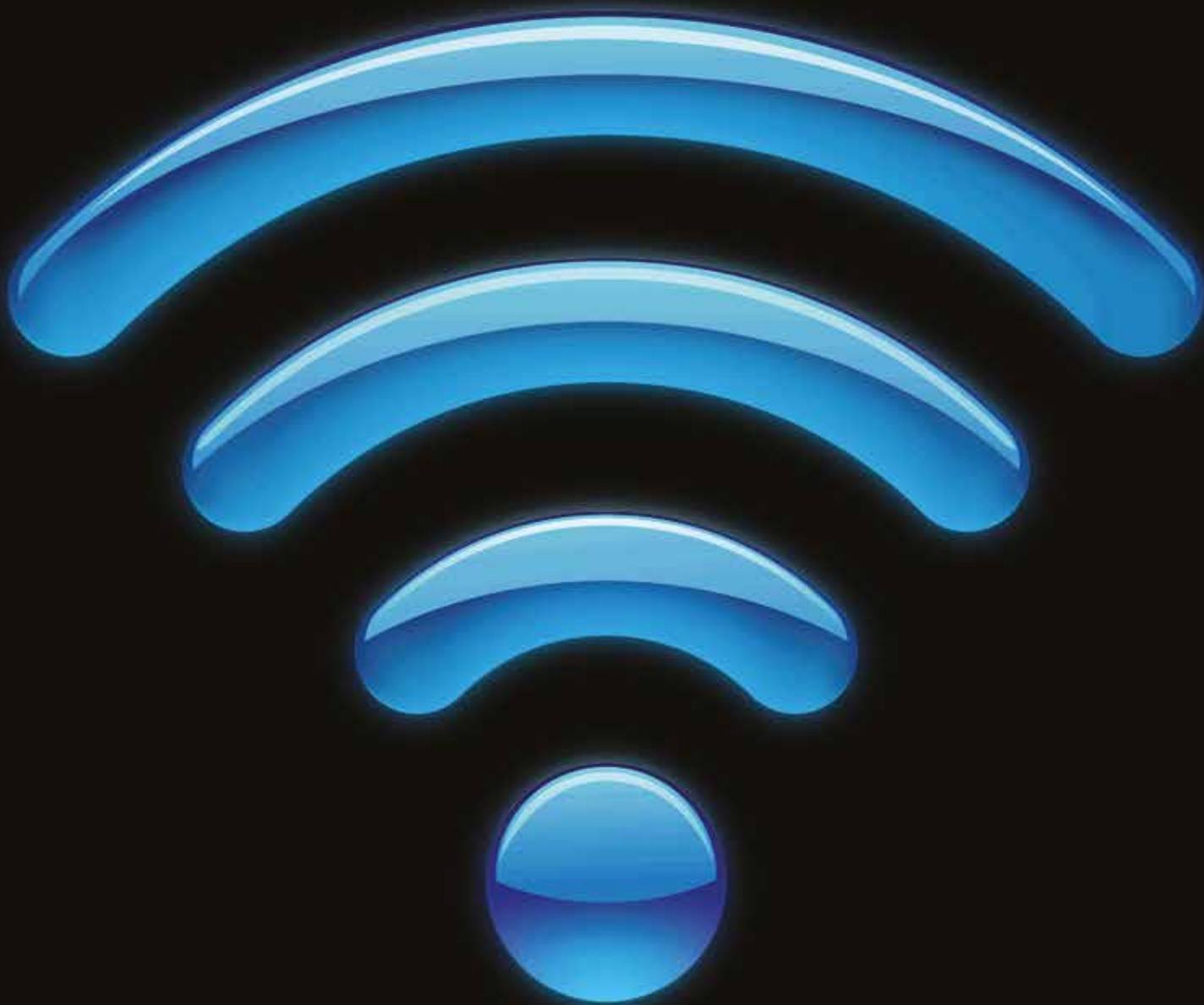
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